Four Patterns. Five-Gore Linen **SKIRT,** Embroidered Kimona **COATEE,** Smart Lace **BLOUSE,** Girl's American **BLOUSE**

MYRA'S Journal

3D.

The Leader of Fashion

Vol. XXXV. No. 6.

JUNE
1908.

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Free . . .
Patterns.

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"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Power, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

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THE washing materials are wonderfully pretty. Linens have never been more varied, more beautifully coloured. Some are so fine and supple that they are as drapeable as soft silk or woollen materials. Such linens, of course, smock and tuck beautifully. It is just in these very light-weight linens that such lovely colours are to be had. Then there are the striped linens, which make up so effectively in the styles launched by our best tailors for striped fabrics, in which the sole trimming consists in a clever management of the stripes (see the model, No. 7,628). The one objection to the striped linens is that they are rather heavy in weight, and in design are apt to suggest too much the "ticking" used for mattresses.

Then there are the exquisite printed muslins and cotton voiles, which, in colouring and beauty of design, run expensive silks hard. There is a vast quantity of chiné floral designs to be seen. Some of the prettiest are of plain colour with printed chiné borders. An exquisite cotton voile was in a delicate blue shade, the border (running up one selvedge) being white printed with two narrow borders or rows of chiné pink flowers. Such bordered fabrics are generally built to shape, the border being stripped off and stitched on the shaped edges as required. In such a fabric as just quoted, if a great deal of bordering is required the border can be halved, leaving an even space of the plain white outside each row of printed flowers. The border, of course, is used to strap the blouse as well as the skirt.

The fichu drapery of painted or embroidered lace is reserved for the smarter muslins and for silks; it is rarely seen on the printed cottons. In some cases the chiné flowers are cut from the silk and are appliquéd on the lace instead of working similar flowers, or painting up the more raised part of the lace to match.

The coats are most smart this year, and are in such variety that they must please everybody. Some of the prettiest coat-and-skirt costumes are of aluminium grey alpaca—that pale silvery tint which is so very smart. The skirt is generally pleated in groups. The coat is strapped with grey silk braid. The braid is mounted in a very smart manner. It is tacked in place and is then folded over, its edges meeting, the said edges being then hidden in the lap of the seam which is stitched down with grey silk. This decorated lapped seam runs over the shoulder and shapes the figure smartly, front and back. There is a shoulder seam, the braid, however, being all in the piece, mounted in place after the coat is fitted. The open fronts are faced with white moire, braided with a piece of grey silk braid along the outer edge. The waistcoat fronts are also of the braided white moire, and they hook edge to edge. Such a coat looks equally well open or closed.

One sees a great deal of striped and chequered fabrics made up into smart skirts, accompanied by a taffetas or fine cloth coat harmonising with the colouring. A very beautiful example of the combination will be found on page 20. Sometimes the arrangement is reversed, the skirt being plain and the coat striped.

The silk kimona coat is much to the fore this summer. Very small coats, with very short basque and a waistbelt, are being made of black taffetas, embroidered with black silk braid. They need not be lined, and are delightfully cool as well as smart.

In striped silk coats some excellent effects are obtained by cutting the wide sleeve in two fairly equal portions, with a seam running up the sleeve in a line with the shoulder seam. Care is taken, of course, that the stripes meet exactly at these seams to form an effective series of V points.

Much is being done with waistcoats in the smarter coats. These show endless variety. For the longer models, a preference is shown for the long "Georgian" waistcoat, which, however, does not suit all figures. Cream moire brocade is a favourite material, with a little silk braiding at the edge. Some ladies have a series of detachable waistcoats for the same coat.

The braiding for these ornamental adjuncts to the summer coat is most simple. Very narrow braid is used, about one-sixteenth of an inch. It is arranged in simple curls, or in a series of closed-up zig-zags occurring at intervals, and not taking up more than one inch in depth. In the grey costume above described, the pale grey silk braid described a series of closed-up zig-zags on revers and waistcoat, the waistcoat being also enriched by a few French knots worked in leaf-green silk. It is astonishing what an effect can be obtained on an all-white, all-cream, or pale grey-and-white costume by a few French knots on the moiré or broché waistcoat, done in vieux-rose, leaf-green, or pale blue silk. It is these dainty little touches which, as a rule, proclaim the French or Vienna tailor. The Englishman rarely thinks of them, unless he is copying a foreign model.

How the "Charlotte" hat is catching on in London! Last autumn the attempt to launch it in the capital of the British Empire signally failed. Yet now, it is seen not only as a river hat, but for smart bridesmaids, and to crown the elegant lace gowns of juvenile matrons. Many people still prefer the "Charlotte" crown of pleated material, the brim being an ordinary one—rather wide and mushroom in shape—of *crin* or straw to match. Some of the crowns are in fancy straw or lace, dyed to match the straw. One advantage in the "Charlotte" is that the shape of the crown is not so disguised as is noticeable in many shapes—the bee-hive, for instance, which is usually totally concealed by high ruches or a climbing trellis of flowers.

The holiday styles are beginning to appear, and in millinery the new French sailor hat promises to run the "Charlotte" hat very close. This "sailor" hat is quite unlike the *chapeau* hitherto recognised by that name. The brim is wide and inclined to curve downwards, instead of being straight or curled up at the edge. In some the crown is slightly "bee-hive" in character, and in others there is a tendency to the pleated "Charlotte" crown. The decoration is generally large *choux* of wide ribbon. The French sailor hat is in all colours, but burnt straw seems to be an easy favourite.

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A LESSON IN MILLINERY.

The "Charlotte" River Hat.

THIS pretty hat, generally called "la Charlotte" in Paris, is so named from its being suggested by the famous cap of Charlotte Corday. In a rather exaggerated form, inclined to fall backwards off the head, it has been worn, in velvet, millinery cloth or taffetas, all the winter by the *élite* of Paris. It was hardly a model to introduce to England in its earlier form, but now, much modified, it makes up in lawn or linen as a charming river hat for English girls. Larger in size, made completely in rich lace, it is just now a favourite with bridesmaids at very smart weddings. When made of lace or embroidery, the pleated frill is not *double* as when plain lawn or linen is used. In this more elaborate form the "Charlotte" will be found illustrated on page 10, carried out in rich lace, decorated with a very large rose and long ends of black velvet ribbon, which are knotted together at the back.

No. 7594.—The Charlotte River Hat.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

The pattern is in three pieces: the complete hat—the crown, the head band, the complete double frill which should be cut on the cross. The single notch on crown and band indicates the front of the hat, the double notch the back. The narrow part of the frill is the front, as the present hat brims are all wider at the back than in the front.

The diagram shows the pattern pieces laid on 1½ yards 36-inch lawn or linen. The hat can be all white, with white or coloured ribbon, or it can match the washing dress. For capital light-weight linens send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

The head band is seamed at the back. The wearer should draw in or let out this band to suit her head or style of hairdressing. A roomy band is allowed for, as hats are wide nowadays, and rest on piled-up hair of some volume. This band should be stiffened with lino or by cording the linen. It should be lined with a strip of material so as to cover the loose edges of crown and frill.

Into the top edge is gathered the circular crown, the single and double notches coinciding. Into the lower edge is pleated the doubled frill, which is seamed at the back. Single width material will not give the full length of the frill even on the cross, so that a piece must be seamed on up the straight at *a b* (see diagram). This seam, well pressed, the seam's edges hidden inside (by doubling the frill), is not noticeable when the brim is pleated up. See that the narrower centre exactly coincides with the central single notch of crown and band, the back seam joining seam of back band. It improves the hat to mount a lace flounce inside the frill, held to the pleated linen here and there with a stitch, which, like the ribbon twist, can be removed for washing.

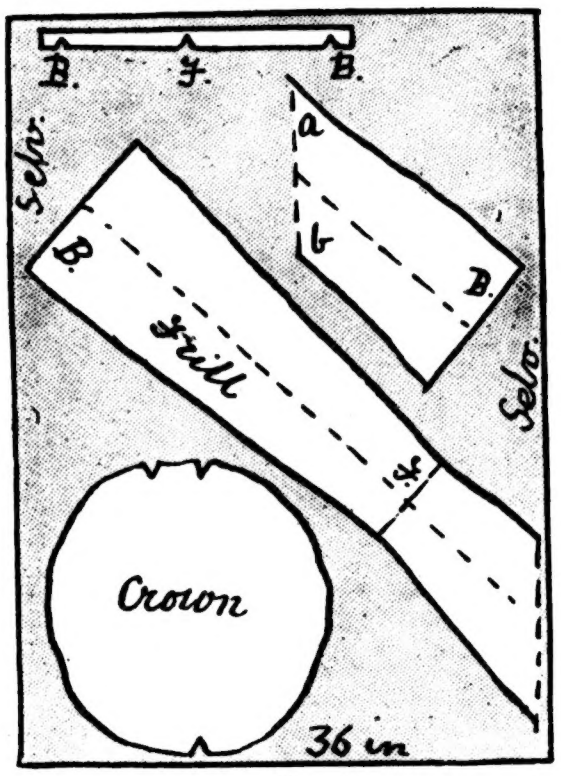

Diagram of Hat Pattern.

The ribbon twist helps to keep up the crown. Broad soft ribbon can be used, or narrower stiffer ribbon. A bow finishes the twist in front. The brim falls on the hair, and, therefore, looks best on a "padded coiffure" or Empire curls of some volume.

Even when the hat is not a Charlotte in the proper sense, the Charlotte crown abounds in the new summer millinery. It looks very pretty in the new crinoline straws, which can be had in such endless variety of style and colouring. Such straw crowns are generally associated with a wide brim of "mushroom" type, bent up here and there. A wisp of tulle encircles the crown of these delightfully fresh and light hats, on which rests a wreath of lovely foliage or flowers. An upright ostrich feather, or a bunch of tall flowers —like auriculas—form a plume on the left.

SPECIAL NOTICE.

In consequence of the reduction in the cost of postage to Canada the subscription rate for "Myra's Journal" to Canada *only* is 4s. per annum.

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No. 7595 No. 7596

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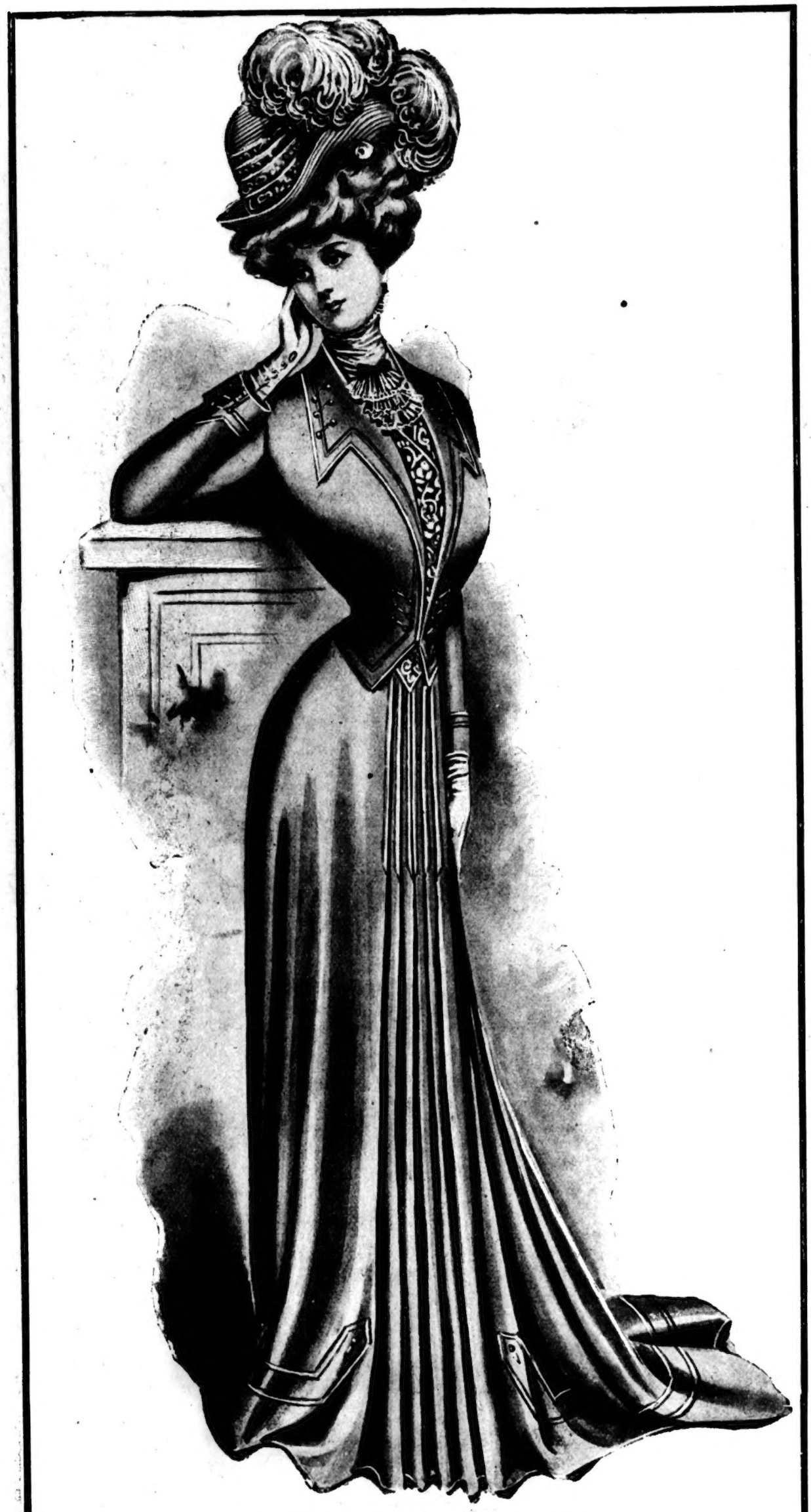
For Descriptions see Pages 32 to 38.

Price of Paper Patterns, Pleated Tunics, each 1*s.* 0½*d.; Skirts, Foundation Skirts, and Blouses, each* 6½*d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*



No. 7597.—A SUMMER COAT AND SKIRT.
For Description see pages 32 to 38.
Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Coat, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

THE

Workhouse Official.

BY O. K. MOORE.

IT is surprising that in these days of over-crowded professions more women do not turn their attention to resident appointments under the Poor Law as workhouse officials. The stigma that attached to workhouses in the days when Dickens wrote his terrible and much-needed tract on these institutions has practically disappeared, and if any did remain it would be more than overweighted by the solid advantages which may be found in them by the woman who has to depend on her own exertions for a livelihood.

If the commencing salaries seem small, it must be remembered that the smallest carries with it roomy and well-furnished apartments, with light and fuel, a practically unlimited supply of good food, regular working hours and ample time for recreation, an annual holiday, and, most important of all, a fixed and reasonable rate of pension.

The best way to set about becoming a workhouse official is to watch the advertisements in "The Poor Law Officers' Journal" and "The Local Government Chronicle," and apply for a post as assistant matron in a small country house. The only qualifications necessary are that the candidate be over twenty-one years of age, of unblemished character, healthy, thoroughly domesticated, and with sufficient education to write a grammatical letter and to keep the simple store books which will be in her charge.

She must be tactful and kind, and at the same time a good disciplinarian. Very little responsibility rests with the novice, especially in a small house, where the matron does much of the actual work. She will have to superintend the making and mending of the inmates' clothes. The matron will probably do all the cutting-out part of the work, and the assistant will do well to watch her closely to pick up all the hints she can as to the most economical method of procedure for future use. She will have help in the workroom—paid women from outside if, as is often the case in country houses, where most of the women are the wives of poor old broken-down agricultural labourers, there are not enough able-bodied paupers.

If the staff is very small, the assistant may have to do the cooking, but this is rarely the case. She must always be prepared to superintend the kitchen work, however, and may have sometimes to serve meals.

She will be responsible for the well-being of all children in the house, and often has to undertake the washing and dressing of a large family of babies of all ages up to five or six years.

She gives out stores, of which she has to keep strict account, manages the laundry, sees that the various wards are kept properly clean, and, in fact, has to do on a large scale, with suitable appliances,

No. 7598A No. 7598B

TWO ELEGANT EXAMPLES OF THE SUMMER KIMONA COATS (WITH SKIRTS).

For Descriptions see Pages 32 *to* 38.

Price of Paper Patterns, Pleated Skirt, or Long Kimona Coat, each 1*s.* 0½*d.; Skirt, Foundation Skirts, or Short Coat, each* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

plenty of help, and no vexing question of ways and means, what the mistress of an ordinary middle-class house has often to do without any of these advantages.

After a couple of years in the country, our assistant should apply for a similar post in a larger house, and here she will find most of the actual work taken off her shoulders by subordinate officials. There will be a laundress, a needle mistress, a children's caretaker, and so on, and she will have to direct and control these officers, instead of the inmates under them; but the matron will always hold her responsible for the smooth and efficient working of affairs, and for the observance of the workhouse rules, which, at first, may seem rather many and severe. When one sees, however, the class of women with which a London workhouse is too often filled, it will be understood that strict discipline is absolutely necessary. It is here that the need for tact and judgment is felt. A kind word will often win a recalcitrant inmate's heart and lead her to make honest efforts towards a fresh start in life; while the discriminating assistant always has it in her power to make things easier for the really deserving poor who have "come on the rates" through no fault of their own.

And now for the financial side of the question.

There is no premium to be paid. The salary offered in a small country house will vary from £20 to £25 per annum, rising in a London house to £45, and in some cases £50. A small annual deduction is made towards superannuation, which is reckoned on the salary and value of "emoluments," as board and lodging are called. Emoluments are reckoned at about the same value as the salary, and if the assistant gives forty years service she is entitled to two-thirds of the amount as pension. Thus, on a salary of £50, her emoluments being valued at £50 also, her pension would be £66 13s. 4d. In cases of ill-health, a pension is granted earlier at the rate of one-sixtieth of the salary for each year's service, so that in the event of a breakdown after, say, twenty years' service, the pension would be twenty sixtieths, or £33 6s. 8d. per annum.

It is not often, though, that any one remains an assistant for such a lengthy period. The ambition of every woman worth her salt is to become a matron. Opportunities for suitable and advantageous marriages are not infrequent in large institutions, and the master and matron whose joint salaries are from £200 to £350, or the single matron with an income of £90 to £120, with no care for rent, rates, or taxes, are persons to be envied in these days of expensive living.

FEMALE SANITARY INSPECTORS.

Several ladies have written to ask as to whether many Female Sanitary Inspectors are wanted.

It is obvious that in enquiries into overcrowding in tenement houses and slum districts generally, and in matters of defective sanitation in such neighbourhoods, a woman can often win the confidence of the tenants and get to the root of the evil where the intrusion of a male inspector with his inevitable officialdom would be resented. It has been found, probably because of this, that in crowded urban districts women, on the whole, work far more satisfactorily than men. The demand for female inspectors is, consequently, growing, and will become still more urgent now that women are taking their place on district councils, and compelling the public to acknowledge their integrity of purpose in municipal matters, and their common sense in all questions of social economy.

No. 7599.—French Empire Gown and Lace "Charlotte" Hat.

For description see pages 32 to 38.

Price of Paper Pattern, 1s. 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C*

THE EMPLOYERS' LIABILITY ACT.

Since this act of 1905 (it came into force July, 1907) women as employers have shared a liability hitherto reserved for great establishments and dangerous trades which have been run by men exclusively. The new Act has narrowed down to embrace also much smaller ventures, and the least extensive of employers—say a widow lady with a solitary female servant, or a small dressmaker with one or two workers—now comes within its provisions. A trifling accident to a domestic may cripple the finances of a poor gentlewoman for the rest of her life. So all women should make themselves acquainted with the provisions of this far-reaching act. Miss Norah Marcon, 20, Bucklersbury, E.C., has made a special study of the Act as it relates to women and women employers, and she will give information on all its points quite free of charge.

EMPLOYMENT BUREAU.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed.

No. 528.—All kinds of fancy work. Ladies' materials worked up cheaply. Bazaar and bride's parcels a speciality. Lovely stock collars. Embroidered lace.

No. 602.—Renovations. Alterations. Children's garments. Blouses and underwear. Men's and Boys' pyjamas. (Sheffield.)

No. 585.—Artistic renovations to day and evening gowns. All branches of children's dressmaking and millinery. Ladies' materials made up. Any design copied. References. Special attention to orders by post. (S.E.)

No. 615.—All kinds and colours of fancy tatting by the yard for trimmings. Cheap.

No. 567.—Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

No. 7600.—PRETTY KIMONA BLOUSE OF CHINE MATERIAL.

For Description see Pages 32 to 38.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 532.—Charge of an elderly lady or invalid required. Homely. £1 weekly, inclusive. Or the care of children. Country. Good air. (Surrey.)

No. 533.—Fine underwear carefully made by hand; ladies' materials. Embroidered initials.

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 594. — Competent practical milliner. Blouses, underwear, cross-stitch marking, &c. (S.E.)

No. 617.—Dainty underwear. Moderate charges. Hand or machine work. Nightdresses and camisoles a speciality.

No. 541.—Dressmaker. Day and evening gowns. Children's things. Experienced. Reliable.

No. 616.—Coats and skirts. Day and evening gowns. Blouses. Underskirts. Renovations, &c. Costumes from 10s. 6d. (St. John's Wood.)

No. 619.—Lady, with pretty home, wants to hear of someone nice and bright for companionship. Fond of needlework. Small sum weekly for board. Or would receive anyone for change of air. Week-ends or holidays. (Canterbury.)

No. 620.—Dressmaker, in a small way, good connection, wants someone to join her, to

COMPLEXION AND CORPULENC

Why Antipon Restores the Beauty o Health with Beauty of Form.

With the majority of very stout pec the action of the skin is defective. Ther partial failure in the most important fu tion of that delicate membrane—name the carrying away of impurities from blood through the pores. As a con quence, the surface is usually m blemished. There is roughness and r ness, and frequently there are pimples blotches; the complexion is bad, eit sallow and pasty, or very red, with unpleasant greasy appearance. Th humiliating conditions are due to the feebled circulation of the blood, and to presence in the vital fluid of floating p ticles of fat and effete and injuri matter. This is traceable to the congest of the whole organism through excess fat development. The muscles of the he are too flabby with fat to do their v work properly, hence the feeble and equal flow of blood. The liver and kidn are also hampered in their functi What is called "fatty degeneration" comes a constant menace, even to life its The lungs are not able to expand normal breathing is laboured; the blood is sufficiently supplied with oxygen thro the pulmonary system, and becomes further vitiated—another cause of cu neous affections. The ailments aris from this dangerous physical state are numerous to mention here.

The first thing to do is to expel superabundant and unwholesome fa matter; the next, to overcome the ob nate tendency to put on a lot of fle thirdly, the system must be re-strengthe by nourishing food of the best quality.

The famous Antipon treatment, with the least trouble or inconvenience, without the slightest danger to hea will bring about these great results, sur and lastingly, when all other reme and treatments have proved either use or injurious, or both. It is the unique bu ing-up, tonic, re-invigorating treatm for the permanent cure of obesity, an recognised by every competent autho as unsurpassable in its enduring efficac the genuine standard remedy.

Bulk and weight begin to diminish fr the very first dose. Within a day an night there is a decrease of 8oz to according to circumstances, this be followed by a highly gratifying d reduction until complete and last return to natural symmetry and cor weight for height. The doses then ce the tendency to undue fatness hav been vanquished.

Every meal will be enjoyable, for Antipon treatment extracts no unwelco food restrictions. Antipon will provide necessary appetite. Its tonic effects the whole digestive system are surpris The ample wholesome food prop digested has, of course, the desirable ef of enriching the blood and strengthen the muscular and nervous systems. S an admirable régime can but be re-beaut ing as well as re-vitalising.

Antipon is sold in bottles, price 2s. and 4s. 6d., by Chemists, Stores, &c.; in case of disappointment, may obtained (on sending amount) carri paid, in private package, from the Anti Company, 13, Olmar Street, London, S.E

share home and profits. No salary. Quiet, country life. References exchanged. (Essex.)

No. 621.—Leather work. Lessons given. Leather flowers for millinery. Novelty. Resist dust, rain, and sun. Sprays from 9d. Leather hat-pins, 9d. (Anerley.)

No. 622.—Wanted, good all-round dressmaker, or good coat and bodice hand. Cut out and fit well. Good class trade. State wages. Good home. (Rushden.)

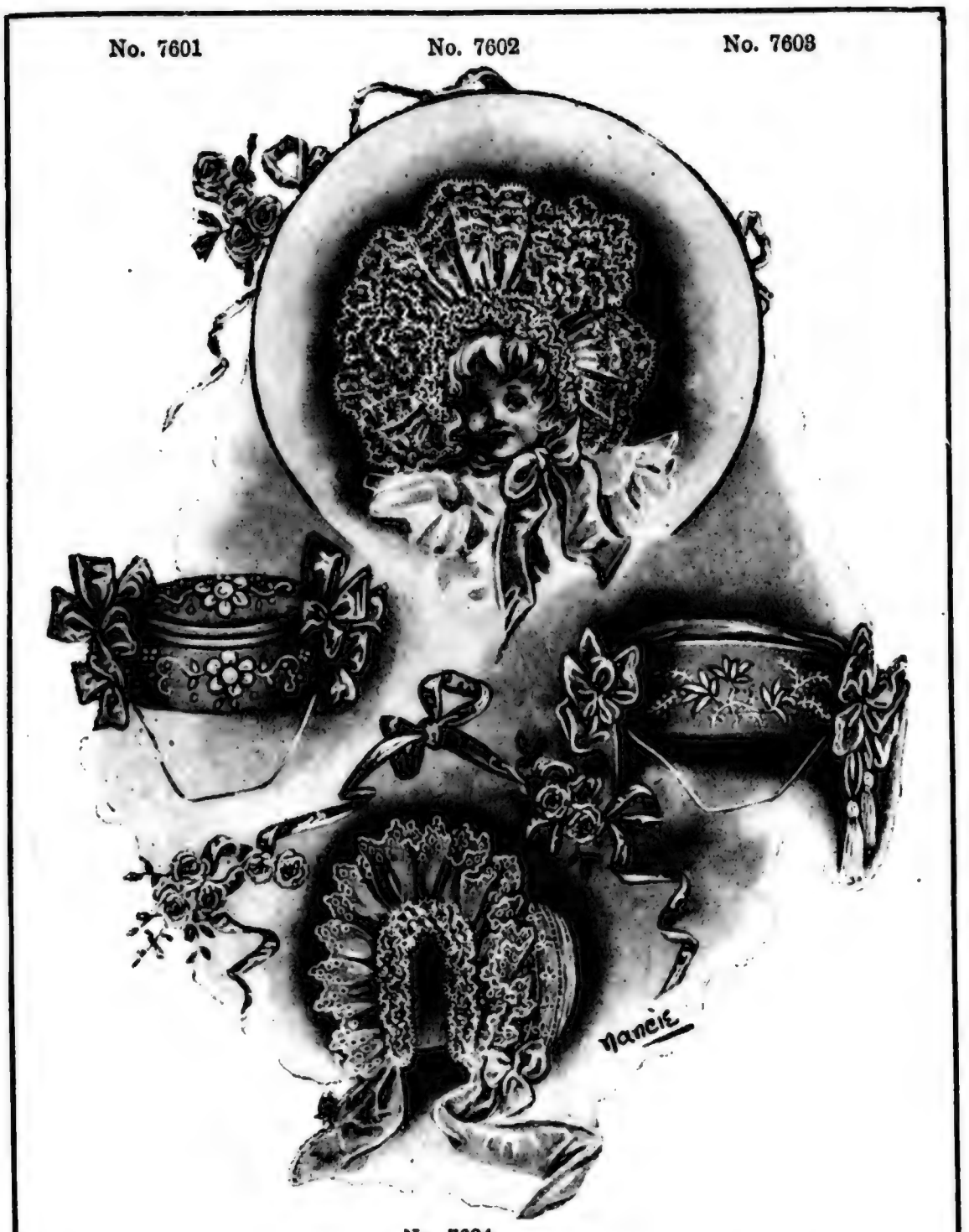
the most delicate skin. In jars, 1s. (six for 5s.); ½lb jar, 2s. (six for 10s.), post free.

No. 627.—Plain needlework or housework undertaken. (N.W.)

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

DRESSMAKING PARTNER WANTED (J. A.).—I forwarded your letter to my corerspondent,



No. 7604

SUMMER HATS AND BONNETS FOR BABY BOYS AND GIRLS.

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, each 3½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 623.—Singing lessons. English, French, Italian songs. 2s. 6d. a lesson. Write for interview. (W.)

No. 624.—Dressmaker wants to hear of a high, bracing district, not more than thirty-five miles from London, where there is an opening for a good-class business. Speciality—blouses.

No. 625.—Companion to young lady, or to teach young children. Fluent French and German. Daily. (Maida Vale.)

No. 626.—The "Snowflake" Cold Cream. Absolutely pure. No animal fat. Very light, not sticky. Delicious after shaving. Suits

with many others, but I have since heard from her that she has received an excellent offer to travel for some months, so she has abandoned the other scheme for the present. As, apparently, many dressmakers are seeking partners, would you like me to insert a notice for you? I will gladly do so if you will send me particulars.

HOUSEWORK, NEEDLEWORK, &c.—Certainly I will put you on my Register. I think many people would be glad to hear of someone to come in and be useful in the way you suggest.

RENOVATIONS (Mrs. I., Sheffield).—Coupon received, and notice re-inserted.

DRESSMAKER WANTED (Mrs. P.).—I sent you several addresses of workers. Perhaps you would kindly let me know whom you employed.

DRESSMAKER (Mrs. H., Tonbridge).—Yes, I am quite sure you will be wise to move when you can find a suitable house. It is half the battle to be constantly in the public eye, and an advertisement in itself.

COMPANIONSHIP OR TEACHING (R. C.).—I am putting you on my Register, and trust you may succeed in obtaining an engagement.

ADDRESSES SENT (F. M. H.).—Thanks for your letter. I shall always be glad to hear from you, and I wish you every success. I feel sure your wisest course will be to do as I suggest.

COLD CREAM (Mrs. W.).—Your business address is a terribly long one. I am certain your cream should do well, as it is of really good quality, and I hope you will follow the advice I have given you. It is wise to make the most strenuous efforts to get known. Once you establish a large circle of customers a good article will practically sell itself, but it must be established.

DRESSMAKER WANTED (C. E. N.).—I hope one of the dressmakers I recommended suited?

TATTING SENT (M. H.).—I returned the samples of your work, which were very nicely executed. The difficulty is to sell these things. You might write to the Gentlewomen's Self-Help Society, 17, Conduit Street, W., but I fear all you are likely to make is pocket money. The great thing is to seize the need or fancy of the moment, and adapt your skill to the public requirements. The mode for embroidered lace and filet nets offers an opportunity. I saw some exquisite heavy appliqué work on a tinsel filet ground, which a clever needlewoman could easily have executed. The great thing is to keep your eyes open, and to seize fashion as it flies. Many thanks for the nice things you say.

FANCY WORK, &c. (B. G.).—I am so glad to hear of your many orders. Your work is so pretty I am sure you should succeed. Ask each customer to recommend you to their friends, that is how a good connection is formed. What I say above is, of course, applicable to all workers. I should like you all to do really well, so I am anxious that you should throw away no chances. Many thanks for all the kind, grateful things you say. It is nice to know one's efforts are appreciated.

DRESSMAKER (U. S., Fulham).—I have given your address to several people lately, so I hope you have had some fresh customers.

SINGING LESSONS (I. C. B.).—I am putting in your notice, and hope you may be successful.

DRESSMAKING, TAILORING, &c. (M. C.).—I have given your name to two or three people, so I hope you have had some fresh customers. I had such an excellent recommendation of your work from one of your customers, which naturally enables me to recommend you with confidence.

NOTICE CANCELLED (A. W.).—I am doing as you wish, and I hope you will enjoy and benefit by the change. You are very wise to go, I think, and you can take up the dressmaking scheme later on. Write when you return, if you still think of it.

CHILDREN'S DRESSMAKER WANTED (G. W.).—I hope one of the workers I recommended gave satisfaction. As I have been very successful in pleasing you in this way in time past, I like to know, and you are very kind in telling me how the worker suits you.

DRESSMAKER WANTED (C. E.).—I should be so glad to know whom you employed of the names I sent you, and if her work gave satisfaction?

DRESSMAKER AT WOLVERHAMPTON (Mrs. P.).—I sent you the address, and should be glad to know if the work was done to your satisfaction.

DRESSMAKER (Miss L.).—I am so pleased to hear you are going to work for one of my correspondents. I trust it may be to your mutual satisfaction. I am so glad to hear that you find my column "a great help." It is equally pleasing to me to be of use to so many struggling workers.

For other answers on this subject, see page 46.

No. 7605 No. 7606

No. 7607 No. 7608

NOVELTIES IN SUMMER BLOUSES.

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 7609.—Princess Gown for the Races, of Shot or Chine Taffetas.

For description see Pages 32 to 38.

Price of Paper Pattern, 1*s.* 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane. E.C.*

No. 7610

No. 7611

No. 7612

CHARMING SUMMER MILLINERY.

For Descriptions see Pages 32 to 38.

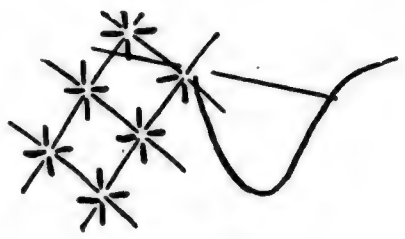
An Artistic Kimona Coatee.

By MRS. HAMER-JACKSON.

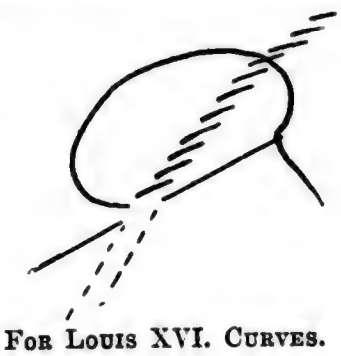
IN one of my articles not so very long ago I told my readers I would at a future date tell them more about the possibilities of quickly embroidering with Mountmellick stitches, and the extraordinary effects produced by this simple interpretation of the delicate outlines of Pompadour flowers and artistic Louis XVI. curves and trellises.

Our illustration to-day represents perhaps one of the most truly artistic designs we have yet been able to create for the benefit of our readers. It is a chaste reproduction of a style which is for ever associated with everything that is dainty and feminine, and yet the work is so simple and so quickly executed that any woman who is able to handle a piece of coloured thread and a needle can bring this work to a successful issue.

The delicate basket of flowers which adorn the centre of the little coatee is in itself a perfect little masterpiece, and should be carried out as much as possible in natural colours. Ososilkie Brightest Lustre Yarn, in three browns, worked together, gives an exact reproduction of the ordinary wicker basket. The stitches are the well-known "wicker work," consisting of a series of darning stitch worked in and out of each other in groups of two or three, to simulate the wicker pleating. If the material on which the embroidery is worked is thick and rich, such as velvet or cloth, this wicker work stitch can be done in fine gold thread, but in other materials, such as linen or lawn, Ososilkie threads are the best medium to employ.



Trellis Stitch.



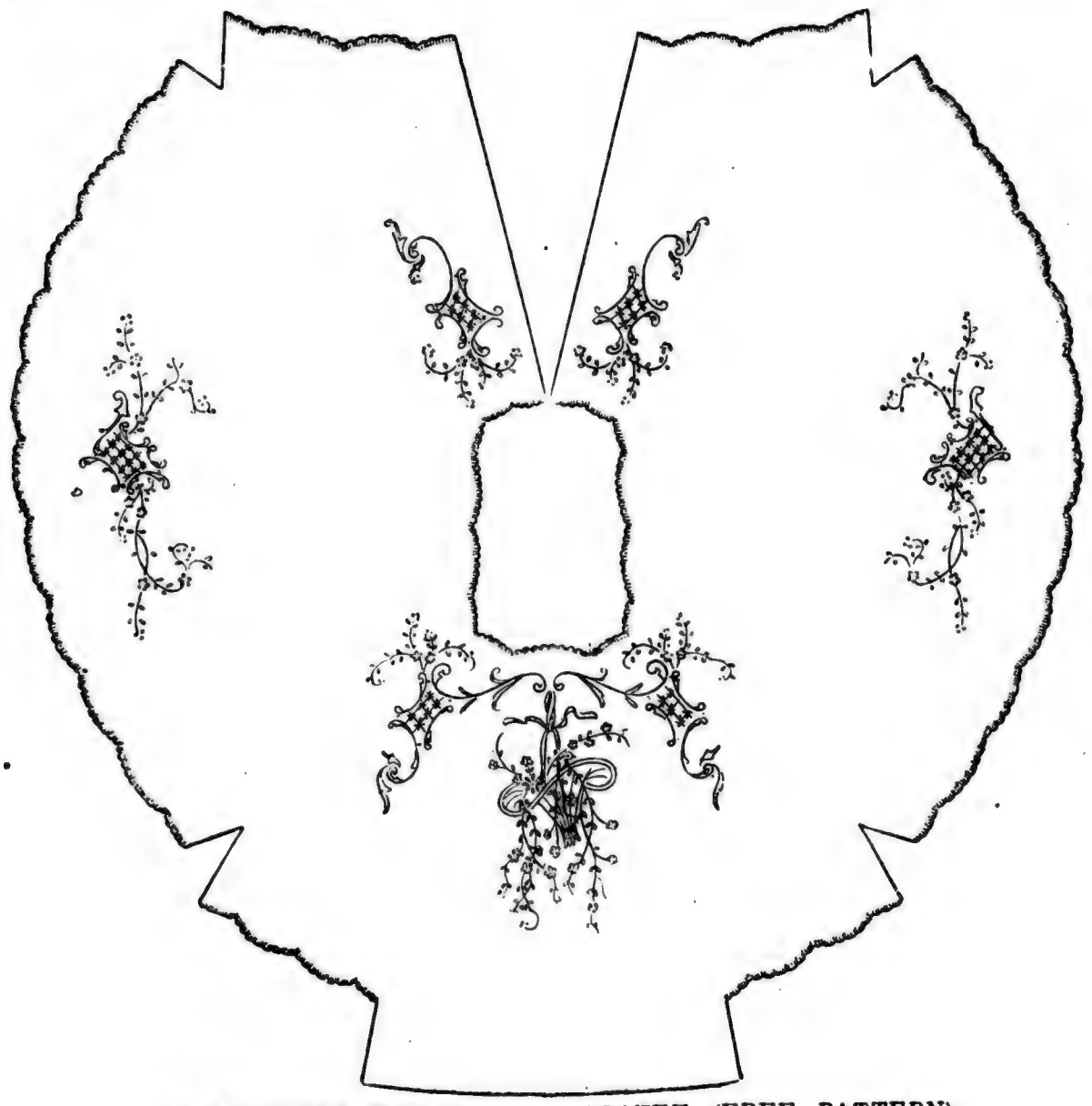
For Louis XVI. Curves.

If the material is white and a white embroidery is desired, the Ososilkie white embroidery thread will answer better than any other; but if the coloured scheme is to be carried out, the flowers should be embroidered as near as possible to their natural tints, choosing three delicate pinks for the roses, three dainty blues for the forget-me-nots, and three soft green shades for the foliage.

The charming trellis, which is simply the threads carried crossways and caught at the meeting points by a cross stitch, can be done in any colour blending with that of the material, a pretty camaieu always looking neat and pretty—that is, a tint lighter or darker than the material, but in the same range of colour.

Yellow silk also gives very good results, whilst different colours for the crossways threads and the cross stitch may be employed with very good results if the colours are chosen carefully. Great discretion is, however, necessary, as the design is so effective that the colours, if too striking in contrast, would look gaudy and inartistic.

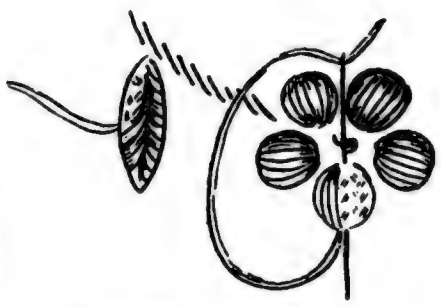
Another most graceful reproduction of this design would be to work the basket and leaves, scrolls, and treillises as above described, but carrying out all the flowers in shaded ribbon work. The latter has been so often described in these pages that I can only refer to back copies of Myra for my readers to find all the explanations they could possibly need. On the other hand, if ordinary embroidery is preferred, the flowers should be done in close satin stitch over a padded foundation, so as to give the flowers an embossed appearance.



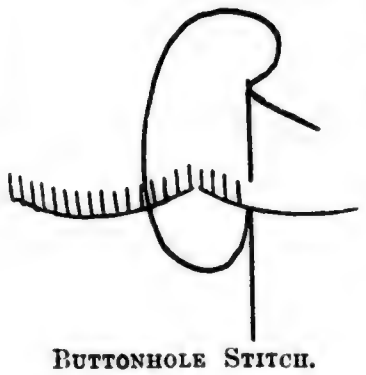
EMBROIDERY FOR KIMONA COATEE (FREE PATTERN).

For Illustration see page 29.

Full size transfers of the Embroidery can be had, price 6½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*



Padded Satin Stitch.



Buttonhole Stitch.

The edges of the charming little garment illustrated are finished in buttonhole stitch done in a most charming pattern of elaborate scallops. This part of the work has, however, only been drawn to show the possibilities of the design, but will look quite as pretty if ornamented with fine feather-stitching and a narrow frill of Valenciennes or Torchon lace.

The trellis work over the sleeves can easily be copied and transferred at intervals round a skirt made of the same material, thereby creating a complete costume as smart and dainty as any refined woman could wish to possess, having the satisfaction of a truly elaborate gown costing but little money to purchase and little trouble to work out.

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen."—N. B.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

HOW TO USE HOME-MADE COSMETICS.

(Continued from our May Issue.)

PRESSURE on our space in May necessitated the crowding-out of one of the promised recipes; but here it is to-day:—

A CREAM FOR WHITENING THE HANDS.

Beat together equal parts of pure olive oil and glycerine (the chemist should be asked for that of the British Pharmacopœa) with a few drops of oil of lavender, until intimately blended. Though glycerine alone, even of the purest, is very hurtful to most skins, mixed so with the oils it is most soothing and beneficial to even those that are most sensitive, and will whiten and soften the reddest and roughest hands.

When hair-stimulators, massage-creams, eyelash-growers, &c., are supplied by first-class chemists and toilet-specialists, full and lucid directions for use are sent with them; but those women who make their own toilet-aids must, in every case, write their own label for directions, or place these beneath the recipe in the commonplace book which I, last month, suggested should be kept for the purpose of pasting up these recipes.

The following are the right directions for the beneficial use of one of the preparations made from the prescriptions which I gave in our May issue:—

THE HAIR TONIC.

After thoroughly brushing and combing the hair at night, make partings in all directions on the head, and as each one is made pin the long hair out of the way, and with a little bit of wiry white flannel wrapped round the forefinger-tip take some of the hair-wash and rub it well down into the whole length of that parting until the skin is quite pink and glowing. Unpin the long hair, make another parting and repeat the process, and keep on repeating until the whole of the skin of the head has been treated with the tonic.

Then comes an almost equally important part of the work, and that is the finger-friction of the scalp which so materially assists the stimulating action of the hair-tonic, and which also tends to prevent hair-fall and neuralgia: Let the fingers of both hands meet on the top of the head, then draw them down simultaneosly behind the ears several times. Place them further back. and draw them down to the nape of the neck. Then place the thumbs on the forehead, just above the eyes, push all the fingers through the hair until they can touch the skin of the head, and then gently tap the scalp with them for about two minutes.

Next place the thumbs behind the centre of the ears, where two rather bony bumps will be found, and which too often in cold or damp weather ache with neuralgia when the health is not as good as it should be. Then push the fingers up through the hair, and stroke gently down from the crown of the head to the bumps where the thumbs are resting. Lastly, place the thumbs in the nape of the neck, push the fingers up to the poll of the head, and stroke them downwards to the neck. This "friction douce" should occupy about ten minutes altogether, and then the hair should be put in wavers or a loose plait for the night.

(To be continued.)

No. 7613.—Summer Coat and Skirt of Navy Mohair.

For Description see pages 32 to 38.

Price of Paper Pattern, Skirt, or Coat, each 6½d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.

No. 7614.—A Lovely Draped Tea Gown.

For Description see Pages 32 to 38.

Price of Paper Pattern, Corselet Skirt, 1s. 0½d.; *Foundation Skirt or Blouse, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7615 No. 7616

SMART GOWN WITH KIMONA CAPE AND AN EMBROIDERED BLOUSE.

For Descriptions see Pages 32 to 38.

***Price of Paper Patterns**, Skirt, Foundation Skirt, Cape, Blouse, each 6½d., post free: Full-size Transfers of the Embroidery for Blouse (complete yoke (two) cuffs), price 5½d., post free, can also be had from* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7617.—New Striped Skirt and Taffetas Kimona Coat.
For Description see Page 30.
Price of Paper Patterns, Coat, or Skirt, each 6½d., post free, of Madame Myra, 10 *and* 11. *Fetter Lane, E.C.*

Of Interest to Women

ARTISAN GIRLS AND PUBLIC PLAYING FIELDS.

By Juliette Heale.

ANY individual with an observant eye and a reflective brain, who, passing by our commons and public playgrounds during board school holidays, has paused to watch the joyous throng of young life shouting and playing there, must be struck by the remarkable fact that only *one* sex is represented—the players are *all* boys; the girls are conspicuous by their absence. If one or two of the rising female generation happen to be discovered, the hapless little creature is neither playing nor shouting—necessary healthy occupations both of them; her weak little arms are filled by a baby as big as herself, and two or more toddlers are clinging to her scanty little skirt. Anxiety and overstrain—those are the play hours of the artisan's little daughter.

This is an extreme cruelty. A decree has been lately issued in France forbidding employers of child labour to allow girl workers under fourteen years of age to carry a weight over eleven pounds. This is very proper. But what inspector, French or English, dreams of interfering when he sees a girl of twelve staggering under the weight of a twenty-pound baby? The poor infant suffers—constantly hitched up by the weary arms of the child nurse—and the little girl suffers, her arms dragged, her chest bent in, her spine unnaturally bent back to try and poise safely the too-great weight.

To the illogical male mind it is all right; girls must learn to nurse a baby—babies are the sphere of womanhood; men never dream that there is any ill in it; they never think that nursing a baby is hard work, not play; yet there would be an outcry if an employer made the same child carry twenty pounds weight of bread or stones on her back. And the baby is not lifted for a moment only. It is in the poor little creature's charge for hours. Racked arms, an aching back, a weary brain—those are the pleasures of the working-class little girl's hours of respite from school, while her brother is playing in the park or on the common, gaining fresh vitality while hers is being steadily drawn off.

I was much struck lately by the observations of a gentleman (a public man, of some authority) when giving away prizes gained in a school frequented by the upper artisan class. The boys he admonished to play their games sturdily, in a manly spirit; the whole duty and pleasure of the girls, apparently, was summed up in his advice to them to learn to nurse, to cook, to scrub. He seemed to take it for granted that play—especially in the fresh air—was only needed by boys.

Some forty or fifty years ago, middle-class daughters shared the fate still endured by their poorer little sisters; but the playing fields and organised games of our

High Schools have changed all that; middle-class English girls have long emancipated themselves from incessant tasks and cruel repression, and their fathers now take it as a matter of course that their girls should have real play hours and plenty of fresh air just like their boys. Do horse breeders let colts frisk, while the fillies draw heavy carts? People breed racehorses far too scientifically for that.

The contrast of results is as great as the contrast of treatment of the girls born in the two great classes which practically make up the British nation. In the middle classes, under the influence of just education and sufficient play hours girls have developed enormously during the last quarter of a century. Larger and stronger, a thousand times more alert and intelligent, ambition and energy have evolved from these superior conditions. There are many thousands of young women in Great Britain to-day who fully intend to make the best of their abilities; and there are thousands of middle-aged women who are determined that the younger female generation shall get due opportunities for doing so. The fresh air and the organised games have, perhaps, been even more influential in breeding this evolution than the advance in girls' education. Their lack of play hours, their constant dreary work, I fully believe, is responsible for the "downtrodden" condition of only too many girls of the artisan class. When she sees her brother go off to his club for a "sing-song," for cricket, for skittles, while she has to scrub, mind her mother's babies, cook her father's supper, &c., &c., &c., who can wonder if she grows up a listless, spiritless being, conscious of a birth curse of degradation, sorrow, hopelessness?

How far a generation may impose its own voluntarily undertaken burdens on the generation coming after it, is a delicate matter to decide. The mother, distracted by having to cook, mend, make, scrub, contrive, care for a husband and a large family, on a few shillings a week, naturally seeks aid from her children. The boy refuses or shirks; the more docile girl has to do his task and her own. And it is not only docility. The girl is more pitiful, more kindly. "Poor, poor mother!" In how many gentle little hearts is the burden of this sad chant ever rising? So the girl does not insist on any play, and daily grows more abject, less intelligent, more hopeless, more content with her piteous wage, taking it as a matter of course that a well-mastered paying trade is "not fit for the likes of me."

What is the remedy? Woman must take this in hand — *all* women. Our woman pioneers are hot on this subject; but the girl of the poorer classes will sooner grow tall and intelligent in the sun of prosperity if *all* women would exert their influence to remedy this injustice. These girls are the daughters of mothers who have similarly suffered, who are even more downtrodden. It is for the more fortunate women to take these mothers in hand. Those who go amongst the poor should point out the necessity of fresh air and a certain amount of unfettered play to the young human plant. It will not be difficult to point out the contrast of the emancipated lad and his little galley-slave sister, at, say, fourteen years of age. The most ignorant and most over-tasked mother in England will wistfully acknowledge it.

No. 7618.—A DRAPED PRINCESS DRESS.

For description see pages 32 to 38.

Price of Paper Pattern, 1s. 6½d, post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7619 No. 7620

"SWING BACK" KIMONA WRAP (DAY OR EVENING WEAR) AND A SATIN DINNER FROCK.

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, Wrap, 1s. 0½d.; Skirt, Foundation Skirt, or Blouse, each 6½d.; Kimona Overblouse, 3½d., post free, of MADAME MYRA, *Fetter Lane, E.C.*

No. 7621 No. 7622

DRAPED PRINCESS AND EMPIRE EVENING GOWNS.

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, Princess Gown, 1s. 6½d.; Empire Skirt, 1s. 0½d.; Foundation Skirts, Blouse, each 6½d.; Kimona Overblouse (for front view see No. 7625), 3½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7623 No. 7624 No. 7625 No. 7626

SMART SUMMER STYLES FOR THE NEW LINENS, MUSLINS, SILK-AND-

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, Princess and Empire Dresses, each 1s. 6½d.; Pleated Skirts, each 1s. 0½d.; Skirts, Foundation Skirts, Blouses, Coat, each 6½d.; Full-size Transfers of Embroide

No. 7626 No. 7627 No. 7628

ENS, MUSLINS, SILK-AND-WOOL FABRICS, &c.

ions see Pages 32 to 38.

each 6½d.; *Full-size Transfers of Embroidery for Blouse No. 7625 can also be had, price 6½d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Nos. 7629 & 7630 No. 7631 No. 7632

Nos. 7633 & 7634 No. 7635

CHARMING SUGGESTIONS FOR SUMMER OUTFITTING.

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, Kimona Dressing Gown, 1s. 0½d.; *the other Models, each* 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7636 No. 7637 No. 7638

No. 7639 No. 7640 No. 7641

VIYELLA SUIT, BLOUSES, COAT, AND FROCKS FOR BOYS AND GIRLS.

For Descriptions see Pages 32 to 38.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

FIVE-GORE SKIRT WITH LAPPED SEAMS AND AN EMBROIDERED KIMONA COATEE IN LINEN.

This is a very lovely little gown, to be carried out in white linen. It would look charming with a linen "Charlotte" hat as illustrated and described on page 6.

Our skirt is cut in five gores. The pattern is in three pieces: half the front, one side, one back. The single notch and the double notch seams (four in all) are lapped, and the lap is given in the pattern—it is a half inch wide, and is shown in the diagram by a dotted line. Of course a turning must be allowed for the upper lap, but as a rule the under lap is left raw edge. The back seam is an ordinary one. The coatee is cut in a single piece; the pattern is half the kimona (half of front, one sleeve, and one back in one piece). The diagram shows the four pattern pieces (three for skirt, one for coatee) laid on 7 yards 36-in. linen, which can be reversed. A material with distinct "up-and-down" must not be used, as it would necessitate either backs or front of coatee being the wrong way up of the material. This being so, material can be saved by reversing one of skirt breadths. Hence the remarkably short length required for the costume.

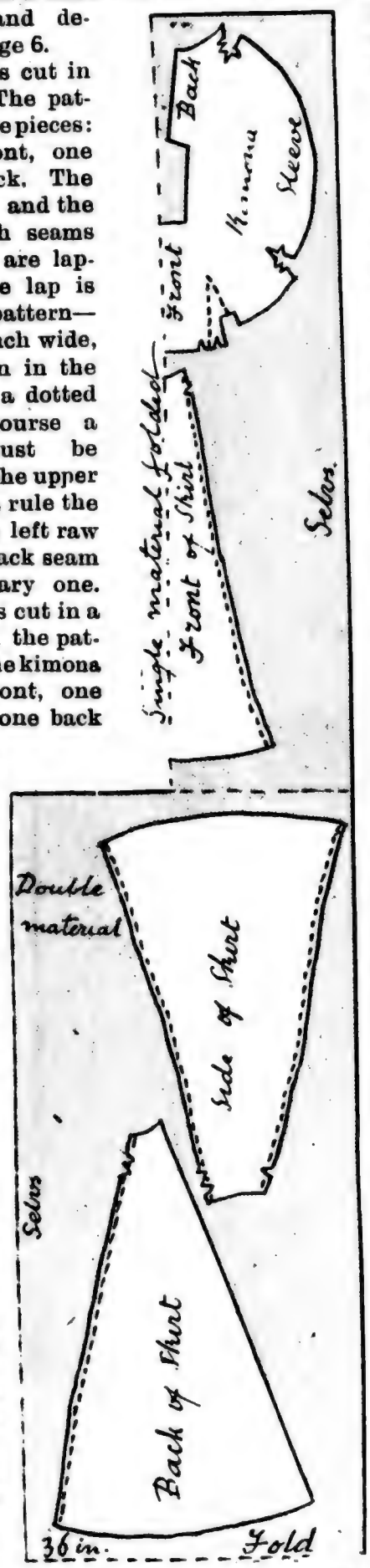


Diagram of Skirt and Kimona Patterns.

The material is opened out and is double beneath side and back gores so that each is cut in duplicate. The single material is folded in half (selvedges meeting), the front centre of front of skirt and coatee patterns being laid along the fold, so that each is cut in a single piece.

Tack together the five gores of the skirt according to the notches, leaving the opening in the left tablier seam, and try on. The top should fit neatly, the flutes flowing from just above the knees. Stitch and press the seams. Finish the opening with bands of linen, and close with glove studs. Bind the top with a narrow bias band of linen and close with two hooks and eyes. The pocket is inserted in the opening, or is put in the foundation skirt or batiste petticoat. The skirt could be scalloped and embroidered to match the coatee if a very smart effect is required.

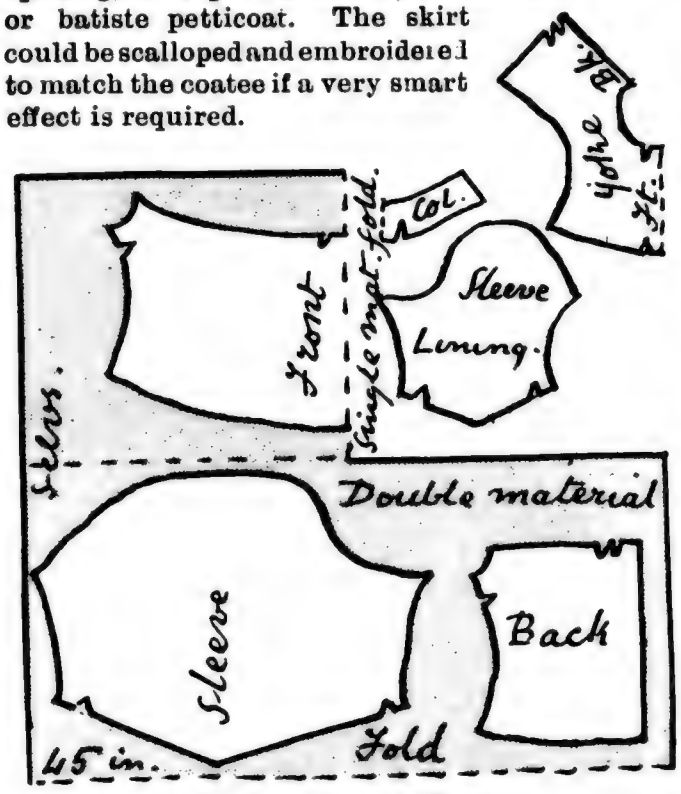


Diagram of Lace Blouse Pattern.

The lower part of the coatee's front forms a box pleat, which is hemmed at the lower edge and is held by the belt. The pleat—it is really formed by breast darts—is shown by dotted lines and notches in the diagram, by notches at the edge of the front in the pattern. The rest of the lower edge of the coatee, like the neck and kimona sleeve, is scalloped and worked in buttonhole stitch. How to do this, and how to do the charming and quickly executed embroidery, Mrs. Hamer Jackson fully explains on page 16. Tack the under-arm seams of coatee (double notches coinciding), and tack the seam of each sleeve (single notches coinciding). The two backs are hemmed and hold the excellent Bates's Patent Hooks and Eyes, which are the very thing for this purpose as they press into each other and cannot pull apart. The scallops at the edge of the coatee are copied from those given for neck and sleeve in the embroidery transfer.

This is a very lovely little coatee. The pleat in the front being held by the belt, keeps the whole thing in place, and the scalloped edges just lie on the belt. It can be worn over a complete lace or muslin blouse, or over a glacé underslip (closing at back), to which is secured a chemisette and elbow sleeve of muslin or lace.

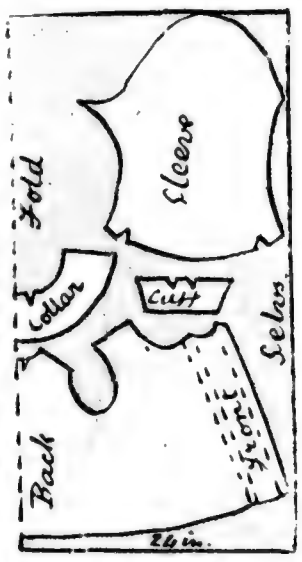


Diagram of American Blouse Pattern.

Patterns of the linen—white or coloured—should be sent for to Robinson and Cleaver, 40R, Donegall Place, Belfast.

A SMART LACE BLOUSE.

For this lovely model three different kinds of lace are used. The chief part is of Limerick or any light lace net (for patterns send to Messrs. Samuel Peach, 133, The Looms, Nottingham). The yoke is made up of cluny lace insertion; the medallions, which deck the yoke and decorate the edge of the light lace frill is of filet or guipure lace.

The pattern is in six pieces: one back, half the front, half the one-piece yoke, one sleeve, one sleeve lining, half the collar. The diagram shows the pieces laid on 2 yards 42-45-inch lace, which is opened out and is double beneath the sleeve pattern and back patterns, so that each is cut in duplicate. The single material is folded over (selvedges meeting), the centre of front laid along the fold so that it is cut in one piece.

The yoke is made up in rows to flat pattern. (Cut out complete yoke in stiff paper and join the lace upon it.) The insertion can be whipped together edge to edge or can be joined by lace beading or tucks of the lace net. The curved collar band is also made up of rows of lace. This should be supported with fine white-cased bones and hooks at the back.

Tack together backs and front. Gather into the lace yoke according to the notches, and try on. Hem the basque. Hem the back edges, and close with a few Newey's Imperial Spring Hooks (very small) and worked loops. A feature is the lovely frill which edges the very deep front yoke beneath a row of lace medallions. These medallions can be curved more or less to suit the figure of the wearer. A band of wider velvet ribbon, matching the baby ribbon, run through the beading, binds the collar top. This ribbon finishes the lace

"Being a dressmaker, I find your Journal most useful to me, and feel I do not like to be without it."—F. M.

sleeve, which is draped on a smaller lining of Brussels net, and is edged with a narrow frill of light lace. The blouse should be worn over a complete under-slip of white glacé.

AMERICAN BLOUSE FOR A LITTLE GIRL.

This looks very pretty in white nun's veiling or crêpe de chine, decorated with narrow gold braid on collar and cuffs. The pattern, cut for a girl of eight, is in four pieces: half the back and the right front cut in one, one sleeve, half the collar, one cuff. The diagram shows the pattern pieces laid on 1¼ yards 48in. material, which is folded in half, selvedges meeting. The back centre of pattern is laid along the fold, so that blouse is cut in one piece. The left front, of course, is cut without the box-pleat. For narrower materials the box-pleat must be added and a false hem made to the left front. The box-pleat is wheelmarked on the pattern.

Tack the shoulder seams. Arrange the box-pleat, try on. Sew the seams. Secure the pleat by stitching down or else tacking the folds inside. Hem the left front. Hem the lower edge, and run through the hem a tape or elastic to gather the blouse over the skirt belt. Braid and line the collar. Sew it to the neck, felling the lining over the neck seam. Buttonholes are made down the box-pleat, and round gilt buttons are sewn down the left front. A tie of white or yellow silk is worn.

The sleeve is seamed. The centre is slit for two inches and hemmed for an opening. The edge is gathered into the braided and lined cuff, the lining felled over the gathered edge. The cuff closes with a buttonhole and a metal button.

This blouse looks very pretty in Organdi muslin, lawn, or linen.

Our Four Free Patterns.

(For Descriptions see Pages 28 & 29.)

NO. 4. GIRL'S AMERICAN BLOUSE.

NO. 3.—SMART LACE BLOUSE.

NOS. 1 and 2.—FIVE-GORE SKIRT and EMBROIDERED KIMONA COATEE FOR LINEN.

Practical Dressmaking for Home Workers.

BOY'S CRICKETING SUIT.

THE pattern (cut for a boy of nine years) is in nine pieces: one back and one front of trousers, half the trousers pocket, half the back and half the front of shirt, one sleeve, half the collar, half the back yoke, one cuff. The diagram shows the pattern pieces laid on 5 yards 31-inch white Viyella, which is opened out, and is single beneath trousers and shirt sleeve patterns, the duplicate pieces being marked out. The single material is folded over (the selvedges meeting) beneath shirt front and back, yoke, collar, and cuff, the back centre of shirt back and collar, and front centre of front laid along the fold so that each is cut in one piece, the other pieces being cut in duplicate. The pockets should be of white sateen. The lacking half of the back yoke is marked out on material, the duplicate serving as a lining.

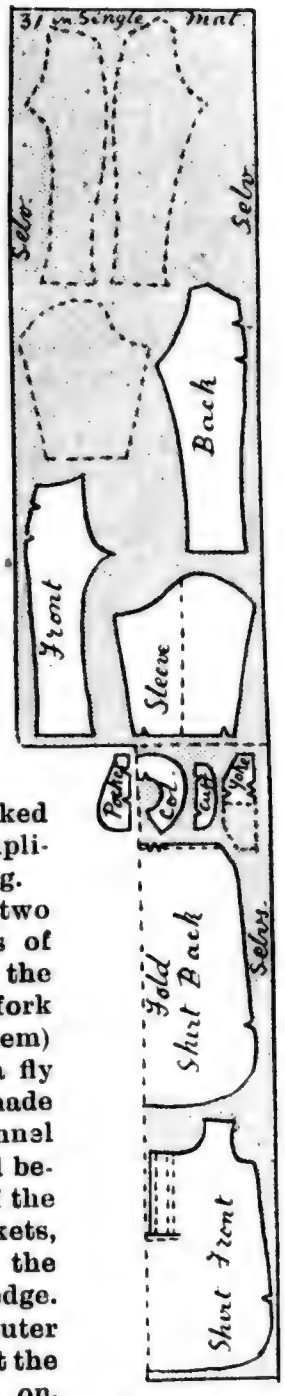


DIAGRAM OF SUIT PATTERN.

Tack together the two backs and two fronts of the trousers, leaving the front open above the fork to be hemmed (false hem) and buttoned over a fly lap, the buttonholes made in a lined piece of flannel which is to be stitched beneath the right side of the opening. Cut the pockets, seam them round the curved side and lower edge. Tack them into the outer seam of the trousers at the single notches. Try on. Stitch and press seams. Hem the lower edge. Line the seat, and line the shaped top, stitching top neatly. The trousers are kept in place over the shirt by an elastic or leather belt of the school colours.

The front of the shirt is slit, the left side forming a box-pleat (wheelmarked), which is to be stitched down and hold the buttonholes. The right edge is simply hemmed, and holds the pearl buttons. The superfluous Viyella is gathered up beneath the edge of the box-pleat, which is neatly stitched down.

The back is gathered into the lined yoke, the lining felled over the seam. Front and back are tucked at shoulders and under arms, the latter seams as far as the notch. Try on the shirt. Seam the shoulder and side seams, the latter felled, the first covered by the felled edge of the back yoke's lining. Hem the lower edge of shirt to the notches.

Face the collar with Viyella. Seam it to the shirt neck and fell the facing over the seam. A silk tie of the belt colour should be worn.

The sleeve is seamed, three inches being left free and hemmed for an opening. The wrist is gathered into the cuff, which should be lined with flannel, the lining felled over the gathers. The cuff closes with a buttonhole and pearl button.

A SILK KIMONA COAT.

For Illustration see No. 7622, Page 20.

The silk coat is in great favour this summer, worn with striped or plaided skirts, or else with skirts of plain *drap souple*, or some summer silk-and-wool fabric of the silk colour. Such coats have the collar and cuffs faced with the striped fabric of the skirt if the material is silk or silk-and-wool. Of course woollen-striped material would look out of place on a silk coat, when a facing of chiné silk, or rich lace over white satin is preferred.

No. 7642.—BOY'S CRICKETING SUIT.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

A lovely silk coat is illustrated on page 20. If prefered this could be of *drap souple*, of the colour of one of the stripes seen in the skirt; the collar and cuff facing would then be of cloth, matching the alternate stripe, worked up with a little fine gold braid.

The pattern is in eight pieces: half the back, one front, side-piece of front (No. 1), side-piece of back (No. 2), half the collar, the upper and under of one kimona sleeve, one cuff. The diagram shows the pattern pieces laid on 2¼ yards 42-inch double width taffetas which is folded in half (selvedges meeting), the back centre of back and collar laid along the fold so that each is cut in one piece, the other pattern pieces being cut in duplicate.

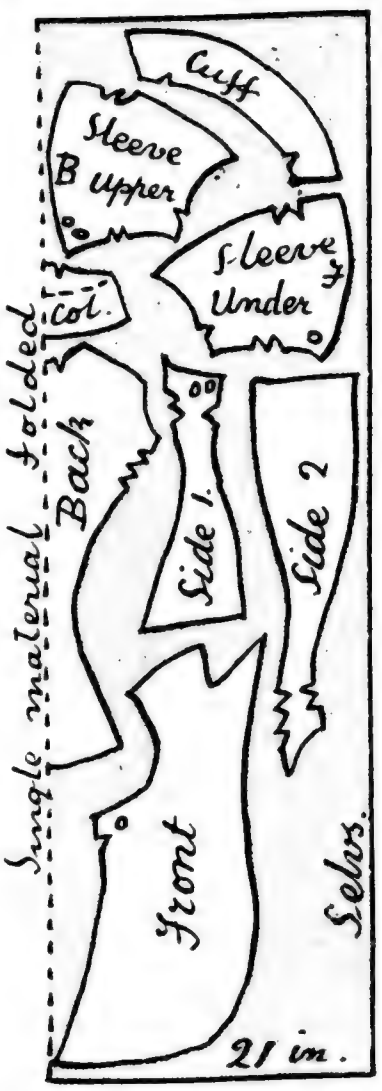


DIAGRAM OF COAT PATTERN.

Tack together fronts and sides, No. 1 (single notch seams); tack together back and sides, No. 2 (triple notch seams); tack together sides Nos. 1 and 2 (double-notch seams). It is advisable to try on before the sleeves are inserted, because of the curve on the shoulder and the taking in or letting out of the side seams. The fit should be a very easy one, and the waist must be rather high, especially at the back. Take the upper and under of the sleeve. Tack the top seam (longer, curved edge, doubled notched), which will continue the shoulder seam of coat; tack the under seam (double notched, shorter, hollowed edges); seam and tack on the cuff, single notches coinciding with the single notches at the lower edge of upper and under sleeve. Tack the sleeve in place. The top seam must continue the shoulder seam. The single hole on under sleeve and front, the double hole on upper sleeve and side

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Fancy Printed Cotton Delaines, 27-inch and 30-inch, in all the newest designs and colouring, **4¾d., 5¾d.,** and **6¾d.** per yard.

Fancy Spot and Sprig Mercerised Sateens, 29-inch and 30-inch, navy and black with white design, **5¾d., 6¾d., 8¾d., 10¾d.** and **1/0¾d.** yard.

Woven Spot and Sprig White and Cream Muslins, 26-inch and 27-inch, **4¾d., 5¾d., 6¾d.** and **8¾d.** per yard, for blouses, etc.

Woven Spot and Sprig White Swiss Muslin, 26-inch and 27-inch, **8¾d., 10¾d., 1/0¾, 1/2¾, 1/4¾, 1/6½** and **1/9½** yard, also in open-work designs.

Woven Spot and Figured Black Muslins, 27-inch and 30-inch, **4¾d., 5¾d., 6¾d., 8¾d., 10¾d., 1/0¾, 1/2¾, 1/4¾, 1/6½,** and **1/9½** per yard.

Woven Spot and Figured Muslins in white with black and white with white, 27-inch and 30-inch, **6¾d., 8¾d., 10¾d., 1/0¾, 1/2¾, 1/4¾** and **1/6½** per yard.

Special New Ranges of Plain Pongee Lawn in all the newest colours, for dresses, blouses, etc., 46-inch, **8¾d.** per yard.

New Ranges of Plain Drills, 26-inch and 27-inch, in all the newest colours, **6¾d.** and **7¾d.** per yard.

New Ranges of Plain Cotton Voile, 27-inch, in all colours, **6¾d.** yard.

Woven Check Muslin, with spot white and coloured grounds with colours, 27/28-inch for dresses, &c., very smart, **1/0¾** per yard.

New Bordered Muslins, in all colours, 15/11, robe length.

New Bordered Zephyrs, in all colours, 1/7¾ per yard, or **12/11** robe length, very effective.

New Check Washing Cotton, white ground with colours, 26/27-inch, **11¾d.** per yard, very smart.

New Silk and Cotton Washing Fabric for dresses, &c., very smart, 26/27-inch, **1/3½** and **1/9½** per yard.

New Filet Cotton Voile, in all colours, 40-inch, **1/3½** per yard.

New Range of Woven Checks and Stripes Ceylon Fabric for blouses and dresses, 40/42-inch, **1/2¾** per yard.

New Ranges of Plain Crystaline in all the newest colours, **1/6½, 1/9½,** and **1/11½** per yard. Stripes and Checks, **1/9½, 2/3½,** and **2/6½** per yard.

Plain Canvas Matting in all colours, 27/28-inch, **8¾d.** and **1/0¾** per yard.

New Striped Zephyrs in all colours, white ground, 27/28-inch, **10¾d.** per yard, for ladies' shirts, etc.

White Pique for Dresses, &c., 26/27-inch, **6¾d., 8¾d., 10¾d., 1/0¾,** and **1/2¾** per yard.

New Ranges of Prints for Mourning Dresses, **4¾d., 5¾d.,** and **6¾d.** per yard.

Summer-weight Costume Flannels for blouses, 26/27-inch, **1/0¾, 1/3½** and **1/6½** per yard.

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No. 1, show where the under seam of the sleeve joins the coat.

For silk the coat would be unlined except for facing strips down the fronts, laid over lino. The seams should be neatly bound. Many people face the fronts with the taffetas, and put a thin lining in of white silk, seamed apart, the edges slip-stitched to the turned coat edges and the front facings. The cuff and collar should be stiffened with lino, the edge turned up and stitched down, with added slip-stitched facings of the striped silk or silk-and-wool which forms the skirt. A silk-and-metal braid edges coat, revers, and collar. The revers, of course, are cut with coat. They can show only the silk facing of front, or can have added facings of the striped material.

The skirt is a very novel and smart one, cut in eight gores back and front. The gores are cut on the cross so that at each seam the stripes meet in V joints, giving a "herring-bone" effect. At the edge is a cross-cut band of the material. The skirt can be lined with silk or moirette, seamed apart, but hemmed together. Or a separate underskirt can be worn, in seven gores, seamed and hemmed apart, the edge decorated with a few tucks (tuck to flat pattern). The two skirts are mounted together at the back opening and at the waist. Of double-width "reversible" silk-and-wool fabrics, 4½ yards will be required, and then the breadths must be interlaced, up-and-down—a non-reversible fabric, with distinct up-and-down, would take more material. In stripe fabrics, however, it is always possible to be economical, as extra corners can be seamed on up the selvedges, which do not show at all if the stripes are made to meet nicely.

Descriptions of Our Illustrations.

Dinner Coat of Filet Net and Lace.

No. 7593, **Page 3.** A back and two fronts of black filet net, cut in one with Kimona sleeve, decorated with appliqués of white filet lace. The sleeve is tucked underneath. Filet lace edges the coat and forms a rich ornament at intervals round the lower edge, each lower ornament cut in a point (bound with white satin) and tipped with a tassel. Very elegant model. Line with black chiffon or ninon gauze (a kind of tulle). Gown beneath, of white satin, shows the new "bayadère" sash, made here of white filet net, tipped with tassels. The skirt is a 7-gore "Gibson" model, worn over a 7-gore foundation skirt. The bodice is of satin veiled with white lace. 45-inch black filet net, 5 yards. 44-inch satin, 6 yards.

Gown for the Races in Shot Taffetas and Filet Lace.

No. 4595, **Page 7.** Seven-gore skirt of foundation silk, the lower part veiled with taffetas (seamed and hemmed apart). Peplum tunic of taffetas in six gores, arranged in pleats to simulate a box pleat in front and a much narrower box pleat at the back, the pleats held with embroidered buttons recalling the colours of the "shot" taffetas. Pleats are wheelmarked on pattern. The tunic is edged with filet lace bound with satin in the darker shade. Cut a fitted bodice lining to close at back. The top is covered with a chemisette (with band collar hooking at back) of filet lace. Veil with a one-piece kimona of the silk, seamed on the shoulder, as "shot" fabrics cannot be reversed. The material is pleated, pleats wheelmarked on pattern. A sleeve of alternate bands of silk and lace, lined, is mounted into the lining armhole. Beautiful model. 42-inch taffetas, 8 yards. Plain taffetas forms the belt and edges the kimona, an embroidery being carried out in baby ribbon to match.

A Lovely Gown of French Lawn or Shantung.

No. 7596, **Page 7.** Original and graceful model, suitable also for any of the light summer woollen materials, for æolienne, ninon gauze, or any transparent material. Skirt cut in nine gores, fitted above, very flowing below the knees. Tuck to flat pattern. The lower edge is hemmed with a band of broderie anglaise to match. Wear over a very well-fitted "eel" foundation skirt, tight to the knees, very flowing below, the edge tucked to flat pattern. Five-gore tunic of Shantung, tucked (tucks wheelmarked) at waist, lower edge tucked to flat pattern, hemmed with broderie edged with Valenciennes. Lovely blouse—a front and two backs of tucked Shantung (tucks wheelmarked on pattern) with yoke piece of lace-edged broderie tipped with tassels. Vest of Valenciennes, made up (with band collar) to flat patterns. Puff sleeve on a smaller lining, tucked to fit elbow. Strap cuff of the broderie. Belt of ribbon, with long sash ends at back of broderie laid on lawn or Shantung. 34-inch Shantung, 14 yards. For the Shantung send to the Holborn Silk Market, Holborn Bars, E.C.

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

A Summer Coat and Skirt.

No. 7597, **Page 8.** Charming model of pale aluminium-grey Sicilienne alpaca. Seven-gore skirt fitted at top, the front pleated (pleats wheelmarked on pattern). Decorate with bands of the alpaca piped with white satin. Wear over a 7-gore foundation skirt. Aluminium buttons. Dainty little coat: a back, four sides, two fronts of alpaca, a handsome revers collar, two waistcoat fronts. A band piped with satin edges the coat, which fits nicely. The collar is edged also with a white-piped band. False button-holes of satin and aluminium buttons. Tight tailor sleeves, the cuff trimmed like collar. Waistcoat of rich white satin veiled with cream lace or of aluminium-grey broché and white. 46-in. alpaca, 8 yards. For the alpaca send to the Bradford Manufacturing Company, Department M. J., Bradford.

No. 7643.—A Braided Bolero Coatee.
For Description see Pages 32 to 38.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Pleated Skirt and Short Kimona Coat.

No. 7598a, **Page 9.** Charming model for Admiralty. Serge of light weight. Beautiful model to wear with any lace or chiné (silks or cotton) blouse. Five-gore pleated skirt, simply hemmed (the pleats wheelmarked on pattern). Wear over any petticoat, or a five-gore moirette foundation skirt. Charming kimona coatee of the serge, fronts, sleeves and back cut in one piece, with added sides and under sleeves. An added stitched band (mounted on lino) edges the whole coat. Stitch the sleeves to match. There is an added front centre, closing on left, mounted with a lapped seam. Braid the corners of coat and the sleeve. Face fronts with the serge, showing in the revers. The collar is faced with braided serge. Line with silk; close with handsome buttons. 48-52-inch serge, 7 yards. For the serge send to the Leigh Mills Co., Department M.J., Bradford.

Beautiful Kimona Coat and "Gibson" Skirt.

No. 7598b, **Page 9.** Excellent model for grey mohair or Sicilienne alpaca. For patterns send to the Bradford Manufacturing Co., Bradford. The skirt is long, fitted, and clinging, but very full at the feet. The opening is in the left side seam. The skirt has the French hem (felled invisibly from the back), lined with lino. Wear over a fitted silk foundation skirt. Beautiful coat. The front is cut with half the sleeve, and half the back is cut with half the sleeve. There are two side pieces on each side, and an under sleeve. Large revers collar faced with white silk. Braid the sleeve and basques. Line with white silk cut on coat pattern, but seamed apart, slipstitched to the turned coat edges. Coat is short waisted, especially at back, and there is a braided Empire band at sides and back. Very original model. 46-inch mohair, 8 yards. Model looks lovely in the new empire green or lotus blue.

French Empire Gown and Lace "Charlotte" Hat.

No. 7599, **Page 10.** This beautiful lace hat is much worn by bridesmaids at smart weddings. It is made on the principle of No. 7594 (see page 6). The gown is a lovely model of chiné printed foulard with white ground. It is of the new Empire-Princess type. Cut a fitted Princess lining in white silk to hip, closing at back. Fit and bone carefully. Front and back is a vest of tucked white ninon gauze (a sort of tulle) and lace. Band collar to match. Make up vest and collar to flat pattern. On this lining is hung the seven-gore skirt of printed foulard. The rest of the bodice is veiled with a kimona drapery (seamed under the arms and on the shoulder) of the foulard, shoulder-straps of lace, and a second gathered drapery of the foulard. Large shaded pink rose in front (matching the chiné printed flowers), another appearing in the hat. Sleeve of the lace, veiled with draperies of chiné ribbon, mounted into lining armhole. The lace hat is also trimmed with velvet ribbon, with long streamers knotted at the back. Very smart model. 22-inch foulard, 14 yards. Wear over a

"The Princess Dress Pattern was a splendid fit."—J. I.

long seven-gore foundation skirt of while silk and lace. For the foulard, send to Robinson Brown, The Royal Silk Warehouse, Macclesfield.

Pretty Kimona Blouse of Chiné Material.

No. 7600, Suitable for silk, mousseline de
Page 11. laine, cotton voiles, &c.: any of the charming summer fabrics with "chiné" floral pattern. Should match the skirt. Cut a fitted lining with a three-piece front. Veil front top with frills of white lace. Band collar of chiffon, supported with fine bone. Sleeve of the lining (silk or mercerised) veiled with frills of lace. Double-breasted one-piece kimona of the chiné material, tucked on sleeve and shoulder (tucks wheelmarked) decorated with velvet ribbon which simulates a waistcoat. Velvet buttons. Belt of velvet ribbon, supported on bones. 44-inch material required 1¼ yards.

SUMMER HATS AND BONNETS FOR BABY BOYS AND GIRLS.

Boy's Embroidered Hat.

No. 7601, This is of white satin, made up
Page 12. on a buckram crown and brim. There are handsome bows on each side.

Sun Bonnet of Muslin and Lace.

No. 7602, The crown is in two pieces, made
Page 12. up of muslin and lace insertion to flat pattern. The brim is two wide muslin frills, decorated with lace, and supported by a cap made up of triple lace-trimmed frills. White ribbon strings.

Boy's Hat.

No. 7603, It is of white bengaline, a new
Page 12. shape drawn out at the sides and finished with bows and tassels. The hat takes a flattened form back and front. The brim is embroidered in front.

Embroidery Sun Bonnet.

No. 7604, Crown like No. 7602, made up of
Page 12. lawn and insertion hemstitched together. The brim is a wide embroidery frill, with a cap of Valenciennes lace. White satin strings.

Smart Box-Pleated Blouse.

No. 7605, Excellent model for linen, to
Page 13. match a skirt (see the Free skirt pattern) for a blouse-and-skirt costume. There is a back and two fronts, box-pleated (pleats wheelmarked on pattern). Pleated sleeve on a smaller lining. Neck and cuff are strapped and braided. The same decoration can edge skirt. Straps of lace or braiding trim the front box-pleat, which is cut with right front. Close with Newey's Imperial Spring Hooks and Bars. Separate vest and collar made up to flat pattern with lace insertion. A braided strap encircles the armhole, to give a kimona effect. 36-inch linen, 3½ yards.

Dainty Muslin Blouse.

No. 7606, The front (in one piece) and the two
Page 13. backs are made up to flat patterns with tucks of muslin and filet lace insertion. There is a pretty epaulet drapery, in one with front drapery, of broad guipure, held with straps of chiné ribbon. The same ribbon forms two added revers on the front. The chemisette is of pleated muslin, the collar being of lace insertion with guipure frill. Rucked muslin sleeve, with lower sleeve made up to flat pattern with tucks and filet insertion. Two muslin frills and a twist of ribbon finish the rucked sleeve. 23-inch muslin, 4 yards.

Charming Pinafore Blouse.

No. 7607, To match a skirt. The "pinafore"
Page 13. is cut in one piece—front, sleeves, backs. It is decorated with Cluny lace insertion and edging, joined beneath bands of velvet ribbon. The under-blouse is a fitted glacé slip, the top covered with folded tulle, the sleeves being puffs of Cluny lace on a silk lining, with lace frill and velvet straps. Collar of folded tulle and lace headed with velvet. 48-inch woollen material, 1¼ yards; glacé, 3 yards.

Elegant Pleated Blouse.

No. 7608, Two pleated backs and two pleated
Page 13. fronts (pleats wheelmarked on pattern). Fronts are crossed. Pleats are deep and lowest hangs over the sleeve. Blouse closes at back. Arrange into an added basque. Close with buttons and buttonholes. Good model for linen, to match a skirt. Decorate the pleats with lace. Belt of velvet. One-piece sleeve arranged into the hanging cuff. Sleeve has a smaller lining. Decorate cuff with lace or fine tucks. Very smart model. Detachable chemisette (with band collar) of lace. 36-inch linen, 4 yards.

Princess Gown for the Races.

No. 7609, Beautiful model for shot or chiné
Page 14. taffetas. Cut a nine-gore princess lining from neck to hip, in silk or mercerised lining, to close at one side of front panel and on left shoulder (vest only). Veil top with white ninon gauze (a sort of tulle) folded to flat pattern. The collar is of lace, hooking at back, with velvet tie. Nine-gore princess dress of silk. The four sides are cut in one with the kimona sleeve. Fit, stitch, and bone with caré. Velvet edges the tablier and hems the kimona sleeve, and lace decorates the front and lower edge of skirt. Hem the skirt with velvet, interlined with lino to prevent any tendency to "roll up." Wear over a five-gore foundation skirt. The rucked tulle sleeve is arranged into the lining armhole. Smart fichu drapery of lace, held with velvet-strapped silk bands crossed in front. Lovely and original model. 22-inch material required, 18 yards. Support the transparent band collar with very narrow white-cased bones.

A Crinoline Hat.

No. 7610, Pale pink, the brim lined with
Page 15. folded pink tulle. Crown is almost concealed with bunches of may blossom.

A Floral Toque.

No. 7611, Pretty model, covered with foliage
Page 15, and blossom, decorated with three ostrich feathers.

A Tulle Hat.

No. 7612, The frame is of wire, covered with
Page 15. silk, to form a foundation for the folded tulle. Lace frill round crown. Velvet or satin bows.

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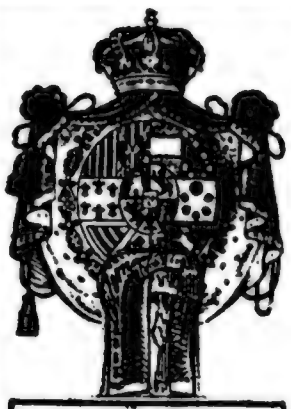

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A Summer Coat and Skirt of Navy Mohair.

No. 7613, **Page 17.** Five-gore skirt, fitted at top, breadths cut very circular to flute well below knees. Trim with black silk braid and buttons. Line with moirette. Very smart coat, the side seams left open, back and front, laced together with braid and buttons. Braid trims the coat all round. The shoulder is very deep, the sleeve (a bell shape) being mounted into the lining beneath the loose epaulet which is lined and braided. Line coat with white silk. Upright military collar. Very good model. The fronts and collar should be lined with superior white silk. 46-inch alpaca, 7 yards.

No. 7644.—A Smart Visiting Gown.

For Description see Pages 32 to 38.

Price of Paper Patterns, Skirt, or Blouse, each 6½d.; Kimona Overblouse, 3½d., post free, of Madame Myra, 11, *Fetter Lane, E.C.*

A Lovely Tea Gown with Draped Corselet Skirt.

No. 7614, **Page 18.** Cut a corselet lining to hip in silk in nine pieces, with three-piece front, to close on left of front side. Tack, fit, bone, leaving only side and shoulder seams. On this is hung the beautiful draped corselet overskirt in seven gores, made of double width bordered muslin. The border is stripped off and is used to edge the tunic. Wear over a silk foundation skirt, the left side and front veiled with the muslin, edged with border. The silk foundation should match the ground of the muslin. Beautiful blouse. Cut a silk lining with three-piece front, to close on left of front centre. Veil front and back top with tucked white ninon gauze. Band collar made up of the border, with velvet bow matching the chiné flowers. There is a smart back drapery of the muslin, which hangs over the corselet edge, the crossed muslin fronts, edged with the border, entering the corselet. Back and front draperies are pleated up on the shoulder beneath a passementerie *motif*. On a silk sleeve lining is draped the loose sleeve which is pleated up to look as if cut with fronts and back, held with passementerie *motifs* over a drapery of the white gauze. Sleeve and collar frills of pleated white gauze. 29-inch bordered material, 15 yards.

Kimona Cape and "Gibson" Skirt of Drap Souple.

No. 7615, **Page 19.** The pattern of the skirt is in four pieces—one back, two sides, half the front. The breadths are beautifully shaped. Lay the pattern pieces on 4½ yards 48-52-inch material, which is double beneath sides and back, so that they are cut in duplicate. The material is folded over (selvedges meeting) for the tablier, the front centre of which is laid along the fold. Tack the gores together according to the notches, leaving the opening in the back seam. The right turning of this opening should be stitched down over a band of lino, and closed with a few patent hooks and worked loops over a fly lap seamed to the left opening. The top is arranged into a ribbon fitting the waist. The fit should be very smooth, but not tight enough to wrinkle. Turn up the lower edge over a shaped band of lino and fell the hem invisibly (the French hem) at the back. Cover the hem with a pleat of silk matching the *drap*. Wear over a very neat fitting silk foundation skirt. The charming little kimona cape is of the *drap*, cut in one piece, its ends tipped with tassels. Line with taffetas, the edge slipstitched over the *drap* edges, which have been turned over a band of lino. Face collar with moire. 52-inch *drap* for cape, 1½ yards.

Smart Embroidered Blouse.

No 7616, **Page 19.** Makes up beautifully in fine linen or French lawn. The pattern is in seven pieces, half the blouse: half the tucked front, one tucked back, one tucked sleeve, half the one-piece yoke, the sleeve lining, one cuff, half the collar. Tucks are wheelmarked on pattern. Sleeve lining could be of the lawn, cut out of the waste, as seams in the lining would not matter. Lay the pattern pieces on 4½ yards 29-36-inch material, which is opened out and is double beneath the sleeve, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centres of front and yoke patterns laid along the fold so that each is cut in a single piece. For narrow material added corners may be seamed on at sides of front. Tack front and backs together; make the tucks to fit the one-piece yoke. Tack to yoke according to the notches. Try on. Cover the seam joining yoke and blouse by sewing, just above it, the top edge of a slightly eased band of 2-inch filet lace bound with vieux rose taffetas. Make the collar of the bound filet lace. Put on the collar. All joins must be very dainty and neat. Hem the basque and backs. Put on the fastenings. Arrange the sleeve on the smaller lining. Put on the embroidered cuff, which is finished with a band of the bound lace, the top of the band sewn to the extreme edge of the cuffs so that it falls loose. In the cuff pattern we have given the extra width for an inch each side of the lace trimming, because this trimming forms part of the cuff as seamed to the sleeve. So cut material of cuff narrower than pattern according to the width of your trimming. But we have not allowed for the width of the trimming at the lower edge of cuff, as there the trimming falls free and forms no part of the structure. The large armhole of the blouse is given a kimona effect by sewing a band of the trimming just outside the seam at the top of the shoulder. Under the arm the trimming is put lower than the seam, but only so low that its free edge conceals the seam.

For Description of No. 7617, see Page 30.

A Draped Princess Dress.

No. 7618, **Page 21.** Exquisite model, for indoor or outdoor wear. Makes up well in *drap souple*, shantung, or resilda silk, in a soft aluminum grey shade. Cut a nine-piece princess lining from neck to hip, in silk or mercerised lining, to close at back. On this foundation is draped the princess corselet skirt in seven gores. Veil top with three-piece yoke of lace. Lace band collar. Fit, stitch, and bone lining with care. It is a good plan to make the yoke, with its band collar, also the tight lace undersleeve, detachable, for an evening gown. Hem the skirt invisibly, the hem interlined with lino, to prevent any tendency to "roll up." Wear over a five-gore foundation skirt. Two backs and two fronts of the skirt material drape the space between yoke and corselet, veiled with a lovely two piece mantilla pélerine of lace, edged fringe. The sleeve lining, veiled with the lace wing sleeve, is arranged into the lining armhole. Upon it is mounted the tight lace undersleeve. A band of passementerie holds the lace drapery and separates the lace yoke from folds of tulle filling in the bodice opening. Steel buckle. Lovely and original model. 52-inch cloth, 7¼ yards. 36-inch lace, 4 yards.

Kimona Wrap with Swing Back.

No. 7619, **Page 22.** For day or evening wear. This lovely model should be in the new fine, soft cloth, called in Paris and by smart dressmakers all over the world, *drap souple*. As to colour, I recommend white, the new "lily-leaf" green, or the rich modified cerise red, which is so

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lovely in glossy fine cloth, and which all the smarter houses are using for evening wraps touched up with black. Any rich lace collar can be worn with this wrap, laid on velvet for choice. The neck can be cut to suit the collar. The back of the collar must be fairly deep, because it has to cover the top junction of the inserted half breadth of cloth. This half width, added to the full width of the cloth, gives to the back those lovely folds (developing from "nothing") from which the name "swing-back" is obtained. Our model has a velvet collar, of original shape (deep green on white, black on red), edged with fancy braid. The same fine braid decorates the long shoulder seam and the edge of the mantle. Lay the three pattern pieces for cloth (one back, one front, half added back centre) on 4½ yards 48-52-inch cloth, which is folded in half, selvedges meeting, so that each back and front is cut in duplicate. If *reversible* material is used, like fine serge or dull cloth, the double notch seam is omitted, when the back and front pattern pieces are pinned together on the cloth at the shoulder, double notches coinciding. This of course reverses texture for either back or front. The extra half-width is folded, the back of added back-centre pattern laid on the fold. The mantle needs no trying on, except for shape and size of neck and length of mantle. When seamed and pressed, the garment is braided and the edge is tacked down (all but neck) over a band of muslin. The lining should be a soft silk so as not to spoil the flow. This is seamed up to be wide enough, and its edges are slipstitched to the turned and braided cloth edges. The collar is lined with the cloth. There is plenty of waste for this in the half breadth used for the back centre. Of course, the remaining half width cannot be used. Professional dressmakers are turning out so many of these wraps, however, that they work one in with the other in fashionable shades. Anyhow, the loss is not great, the wrap only taking 4½ yards, including the waste. A few hooks and eyes, the tails inserted between cloth and lining, close the wrap from neck to waist. The sleeve part is caught together (see the single notch), and the hand is passed through the loop.

Evening Gown with Kimona Overblouse

No. 7620. This can be made in satin, pastel
Page 22. cloth, dyed Shantung, or any silk. It is a capital design, as it could be worn with high or low-necked under-blouse. Very elegant model. Seven-gore skirt cut very circular so that it falls in rich flutes. It is unlined, hemmed invisibly from the back (French hem). Wear over a well-fitted seven-gore foundation skirt. Beautiful blouse. Cut an ordinary fitted lining to close down back. Decorate front with lace flounces, the backs with gathered lace. Draped berthe of white chiffon. One-piece lace sleeve beautifully draped. Over this bodice is worn the four-piece kimona of the skirt material, the sleeve being a very original one. Material is pleated on the shoulder held by a lined strap or tab, and with rich buttons. Draped belt. The back of this blouse is shown at No. 7622. If satin or silk is used, belt should be of same. 52-inch pastel cloth, 5 yards.

A Draped Princess Evening Dress.

No. 7621. Cut a nine-piece low-necked
Page 23. lining to hip, to close at back. Veil with a full length draped princess gown in seven gores of double-width satin. The hem is finished with a band of embroidered filet net bound with velvet matching the satin. Berthe to match. Chemisette of drawn up tulle, back and front. Folded satin sleeve on a smaller lining, with velvet bows. 42-inch satin, 7 yards. For the satin, send to the Holborn Silk Market, Holborn Bars, E.C.

A Lovely Evening "Empire" Gown.

No. 7622. Dainty model for leaf-green
Page 23. Shantung or "Resilda" silk. Can be made also of chiné silk or muslin. Looks lovely in white foulard with chiné roses in a delicate shade of leaf-green and pink. Eight-gore corselet skirt, the back forming a narrow box-pleat, which is lifted up to the bodice, and thus forms the soft drapery folds at the sides. Pleat is wheelmarked on pattern. Skirt is unlined, and is hemmed over a band of lino. Dress should be very soft and clinging, worn over the eel foundation skirt of soft white satin or silk. Cut a fitted silk Empire bodice lining (almost natural length in front but much shorter at back) with three-piece front, to close on left of centre panel. Tack, fit, bone. Back and front panels are veiled with drawn-up lace. Blouse closes at back. Lace wing sleeve. The kimona, of the skirt material, is like No. 7620. The taffetas belt drapery at the back is smartly held by a large buckle. The skirt back hooks to the bodice so that it keeps its place. 32-inch Shantung, 14 yards. For the Shantung send to to the Holborn Silk Market, Holborn Bars, E.C.

Gown with Draped Princess Tunic.

No. 7623. Lovely model for double width
Page 24. material. Cut a nine-gore princess lining from neck to hip, in silk, to close on left of centre panel. Shoulder seam is very long; into the armhole is arranged the draped puff sleeve on a smaller lining. Veil top with two-piece chemisette (with band collar) of lace, hooking on left shoulder, of Renaissance guipure, embroidered with appliqué flowers cut from a piece of brocade. Collar has the new frill of pleated silk muslin. Fit, stitch, and carefully bone. Veil with two backs, four sides, double-breasted draped fronts of the material, right front elegantly pleated up on the left, where it hooks on left front. The fronts cross each other, the corners tipped with tassels. The back is also elegantly draped. Lower sleeve of tucked and frilled silk muslin, a tucked frill decorating the large berthe collar of the material, which has an added edge to simulate a second collar. Wear over a seven-gore skirt of silk, veiled where left exposed with the material, which is seamed and hemmed apart. 48-52-inch material, 8 yards.

Lovely "Empire" Design for Taffetas, Silk-and-Wool Materials or Bordered Muslins.

No. 7624. If bordered muslin is used, the
Page 24. border must be stripped off and stitched on at the edge of skirt and blouse. Looks beautiful in rich gorge-de-pigeon taffetas, bordered with darker velvet, or in lotus blue taffetas

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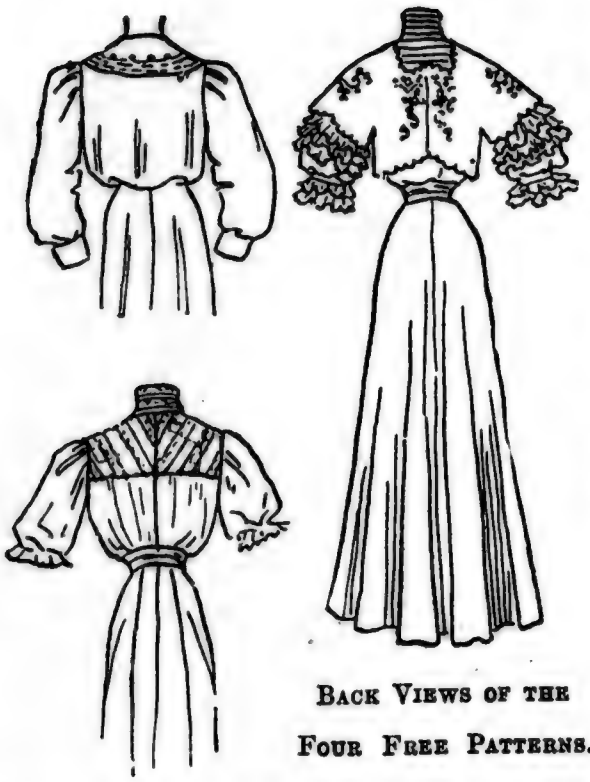

BACK VIEWS OF THE FOUR FREE PATTERNS.

bordered with black velvet. The nine-gore skirt is elegantly draped with an added tablier which is drawn up round to the left. A velvet border runs all round the skirt and up the drapery. At the waist the material is arranged in light pleats, the tablier only pleated where required. The draped belt is of velvet, mounted on bones, and has two long ends on the left, tipped with tassels. Very elegant and original model. Smart short-waisted blouse. A fitted silk bodice lining is cut with three-piece front, to close on left of centre-panel and on left shoulder. Tack, fit, and seam the lining. Veil with front and back panel of lace. Gathered draped backs and fronts of the silk, seamed apart, and rucked sleeve. A band of velvet covers the junction of lace and draped silk. Velvet cuff. Band collar of the lace. Double-width taffetas or bordered muslin, 8 yards.

Dainty Linen Frock for a Young Girl.

No. 7625, **Page 24.** Five-gore skirt cut very circular, to flute well at edge, slightly full at waist. Edge is simply hemmed. Smart tucked linen blouse, with yoke—collar and cuffs of embroidered linen. Scalloped yoke in one piece, worked in Ososilkie Brightest Lustre Yarn. Full size transfers for this beautiful embroidery (complete yoke and two cuffs) can be had from Madame Myra, price 6½d., post free. Blouse has a pleated and tucked back and two fronts (pleats wheelmarked on pattern). Tack the yoke in place according to notches. When placed, stitch down (just within the buttonholing of scallop), and cut away the pleated linen beneath. This ensures great accuracy of fit. The one-piece sleeve has embroidered cuffs. A frill of Valenciennes is sewn beneath the buttonholed edge of scallops on cuffs and yoke. 36-inch linen for a girl of 16-17, 10 yards. For the linen, send to Robinson and Cleavers, 40B, Donegall Place, Belfast.

Charming Frock of Printed Foulard.

No. 7626, **Page 25.** Can be made also of chiné or broché silk, muslin, or silk-and-wool fabrics. Looks lovely in blue with chiné roses in a delicate shade of leaf-green and pink. Seven-gore skirt, the back arranged in close pleats lifted up to the bodice, and thus forming the soft drapery folds at the sides. Pleats are wheelmarked on pattern. Skirt is unlined, but is mounted on a fitted and boned corselet of silk lining. The edge of skirt is decorated with velvet ribbon or bias bands. Dress should be very soft and clinging, worn over the eel foundation skirt of soft mercerised lining or silk. Cut a bodice lining with three-piece front, to close on left of centre panel. Tack, fit. Back and front panels are veiled with folded ninon gauze (folded to flat pattern). Band collar of gauze, supported by bones, folded to flat pattern. The skirt material forms two backs and two crossed fronts, cut with small kimona armhole edged with velvet ribbon. The skirt back hooks to the bodice so that it keeps its place. Draped sleeve of the foulard, edged with velvet and muslin frills, mounted into the lining armhole beneath the kimona edge. Fichu of the muslin, embroidered in raised spots, in two pieces, crossed back and front, the edge finished with a deep appliqué of filet lace. An end of muslin and lace falls on the left. 22-inch silk, 14 yards.

Pretty Frock for Transparent Summer Materials.

No 7627, **Page 25.** Looks well in voile, chiné or striped muslin, &c. Five-gore skirt, trimmed with lace medallions (material cut away beneath). The waist is mounted in pleats (wheelmarked on pattern). Wear over a separate foundation skirt of silk, &c. Charming bodice. Cut a bodice lining with three-piece front. Veil front and back with folded tulle (folded to pattern), slightly veiled with Vandyke lace. Two crossed backs and two crossed fronts of the skirt material, richly pleated (pleats wheelmarked on pattern). Shoulder pleats merge into the sleeve pleats, which are indicated by notches. Collar of the tulle, folded to flat pattern. Lace frills to collar and sleeve. Belt of broad ribbon. 44-inch material, 7 yards.

Pleated Skirt and Little Saque Coat.

No. 7628, **Page 25.** Capital model for striped "ticking" linen or flannel, or striped alpaca or tweed. This coat is the favourite and smartest type of short coat, with or without waistcoat. The waistcoat fronts of printed cotton (for linen) close with small buttons. There is a one-piece back, two sides, two fronts, two waistcoat fronts. Collar is cut with coat fronts, but back is added. Coat is most smartly strapped, each strap cut on cross and seamed down centre to make stripes meet in V points. Strap edges coat. One-piece sleeve arranged into a strapped cuff. Five-gore skirt. See that stripes run straight down centre of breadths. Seams are hidden in pleats (pleats wheelmarked on pattern), top of pleats covered with smart straps on cross and seamed like coat straps, pattern of longest strap (front) being given. 36-inch linen, 13 yards.

An Empire Night Dress.

No. 7629, **Page 26.** Three-piece yoke, made up to flat pattern with nainsook tucks and narrow embroidery insertion. It is drawn up with ribbon-threaded beading, and is edged with ribbon-threaded embroidery insertion. Into this is gathered a back and a front of nainsook, eked out with added corners. The front is slit for an opening. Close with buttons, the buttonholes made in an underfold of the nainsook, the yoke closing with worked loops. Full one-piece sleeve with embroidery cuff. 36-inch nainsook, 6½ yards.

An Empire Chemise.

No. 7630, **Page 27.** To match No. 7629. Yoke is made up to flat pattern, with nainsook tucks and embroidery insertion, edged with ribbon-threaded embroidery. There is a back and front of nainsook. Edge neck and armhole with narrow embroidery. 36-inch nainsook, 3½ yards.

A Beautiful Kimona Dressing Gown.

No. 7631, **Page 26.** Long front centre, with short front and half the sleeve, are cut in one piece. Short back is cut with half the sleeve. Into short fronts, sides, and backs is gathered the gored skirt, according to the notches. Lace covers shoulder and waist seams, and edges fronts and necks. Good model for mousseline de laine, lined with batiste. Close with Newey's Imperial Spring Hooks and Bars. Lace cuff, edged with a frill. For the mousseline de laine send to the Bradford Manufacturing Co., Bradford. 29-inch material, 10 yards.

An Empire Cache-Corset.

No. 7632, **Page 26.** Yoke is made up to flat pattern with tucks and embroidery insertion, edged with ribbon-threaded embroidery. There is a back and two fronts (shaped with breast darts), box-pleat cut with right front. Added basque. 36-inch nainsook, 1¼ yards. To match Nos. 7629 and 7630.

Cache-Corset of Washing Silk.

No. 7633, **Page 26.** A back and two fronts, with added basque. Fronts are decorated

BACK VIEWS OF NOS. 7623 TO 7628 (PAGES 24 & 25).

"I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

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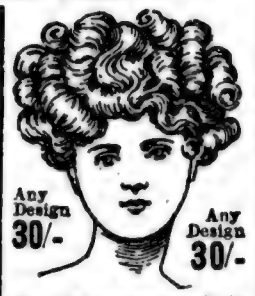

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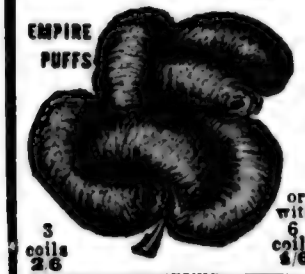

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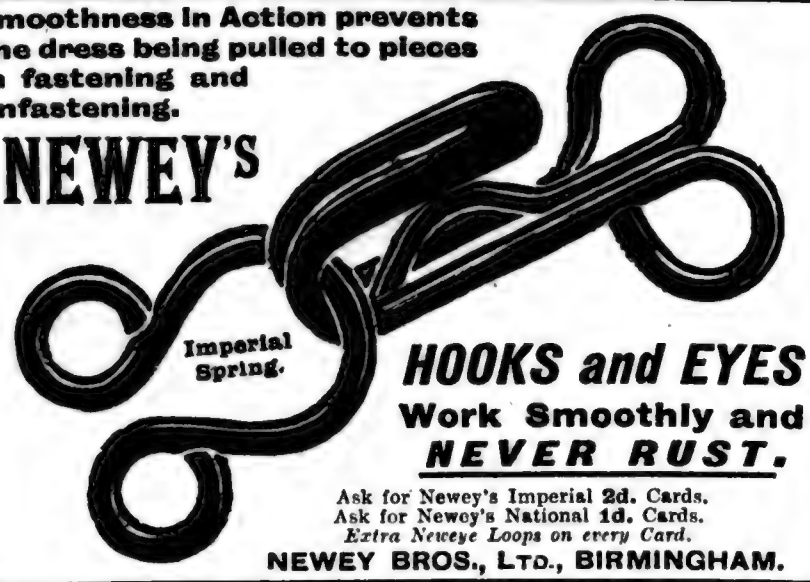

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with inlets of lace insertion and medallions. But slots, worked in satin stitch, to hold the ribbon runner at neck and waist. Edge garment with narrow lace. 36-in Indian longcloth, 1½ yards.

Smart Petticoat of Nainsook, &c.

No. 7634, **Page 26.** To match No. 7633. Five-gore skirt, with muslin flounce, decorated with lace. Inlets of lace conceal the top of the flounce. 36-inch material, 9 yards.

French Drawers of Nainsook.

No. 7635, **Page 26.** To match Nos. 7629, 7630, 7632. The backs are crossed, finished with added hems. The top is arranged into a lined shaped band, cut low in front. Smart frill, tucked and trimmed with embroidery, mounted beneath a ribbon-threaded wide embroidery insertion. 36-inch material, 3½ yards.

Girl's Pinafore Dress of Striped Linen.

No. 7636, **Page 27.** The pattern is in three pieces—half the front and one side of skirt, half the kimona bodice. Skirt and kimona have an inverted box-pleat at the back, concealing the fastenings. These pleats are wheelmarked on pattern. Lay the pattern pieces on 4 yards of 36-inch material, which is folded in half (selvedges meeting), front centre of skirt and kimona laid along the fold, so that each is cut in one piece. Where material is not wide enough, added corners must be seamed up the selvedges, stripes meeting. Sew the seams. Tack the back seam (leaving the opening here) and arrange the pleat. Arrange the kimona pleat. Gather the front of pinafore into the skirt, and arrange the backs into the back of skirt. Try on. Stitch and press three seams of skirt, and finish the opening with felled bands. It closes with hooks and loops. Finish the kimona's backs, and put on the hooks and worked loops. Lap the seam of kimona and skirt and lay bias band of the material over the seam, the same band binding the sides of skirt, which should be strengthened with a strip of tape. A draped belt of ribbon is arranged over this band, fitting the child's figure and hooking at back with the kimona. The kimona neck, and sides, and skirt edge are hemmed with bias bands of the linen, bound with braid. The kimona's front is worked with spots of silk or is decorated with small metal buttons. The dress is worn over any of the child's smart white blouses. It is therefore a very useful as well as dainty model. The pattern is cut for a girl of six years.

Boy's Viyella Suit.

No. 7637, **Page 27.** Three-piece coat and two-piece knickerbockers of blue Viyella. Suit is unlined except for front facings to coat. Bind the seams. The top and seat of knickers are lined. There is a pocket flap on left breast and on each side. Wear over a white flannel blouse, the collar of which is turned over the coat. 31-inch blue material for a boy of four, 3 yards.

Girl's Kimona Blouse.

No. 7638, **Page 27.** To match a skirt—for a skirt-and-blouse costume. Tucked back and two tucked fronts cut with sleeves (seamed beneath lace or band of linen). Tucks are wheel-marked on pattern. Lace-trimmed cuff. Leather belt. Detachable lace chemisette. 36-inch linen for a girl of twelve, 2½ yards.

Girl's Tailor Blouse with American Yoke.

No. 7639, **Page 27.** Good model for Viyella or linen—a back and two fronts (right front cut with box-pleat), arranged into a one-piece American yoke. Shirt sleeve with buttoned cuff. Pattern cut for a girl of ten. 31-inch material, 2 yards.

Girl's Linen Coat.

No. 7640, **Page 27.** Plain back and two pleated double-breasted fronts, the pleats wheelmarked on pattern. Unlined but for linen front facings. One-piece sleeve. Large collar and cuffs of lawn, trimmed with lace medallions and Cash's Hemstitched Frilling (for the frilling send to J. and J. Cash, Coventry). 36-inch linen for a girl of five, 3 yards.

A Linen Blouse Frock.

No. 7641, **Page 27.** A plain back, a double-breasted pleated right front, and a narrow left front of blue linen. Pleats are wheelmarked on pattern. Trim pleats with pearl buttons. One-piece sleeve. Collar and cuff of white lawn, trimmed with lace. 29-inch linen for a girl of five, 3 yards. For the linen, send to the Bradford Manufacturing Company, Bradford.

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Nos. 7648 & 7649 No. 7650 Nos. 7651 & 7652

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A Braided Bolero Coatee.

No. 7643, **Page 32.** The rage for peplum points and tassels has reached even the much-liked bolero, which, in some form or other, always crops up again each year. Our beautiful little braided model can match a skirt, or it can be in the new suède taffetas (or *drap souple*), braided in brown, for a smart little summer wrap. It has the new long shoulder with lapped armhole seam. The pattern is in four pieces. One peplum front, half the bolero back, the upper and under of one sleeve. Lay the pattern pieces on 1¾ yards of 26-52-inch material, which is folded in half, selvedges meeting, back centre laid along the fold, that back is cut in one piece, the other pieces being cut in duplicate. A front facing (cut on front pattern) should be marked out on the material. Tack together back and fronts and try on. Stitch and press the seams. Braid the edge all round, including neck. Turn up the edge all round over a band of lino and press well. Face fronts, putting an interlining of lino. Cut a lining in silk on the coat pattern. Seam and press. Tack in place and slipstitch the edges over turned coat edges and front facings. Tack sleeve and try on. Stitch seams. Braid the wrist and turn the edge like the coat edge. Seam and press lining; tack it in place and fell it over the turned wrist of coat. The sleeve is mounted into armhole with a lapped seam so as to be as flat as possible. The coat edge (turned in) being stitched upon the sleeve and its lining. The lining of armhole is felled over the seam. The fastenings are handsome metal or braid buttons held by loops—a braid is sewn down coat edge and is left free at intervals.

A Smart Visiting Gown.

No. 7644, **Page 34.** Good model for soft silk-and-wool fabrics, white or in some pale pastel shade. Elegant skirt in six shaped gores, unlined, so that the fulness of the lower half falls in soft flutes about the feet. Top fits closely. There is a seam in front, partly covered with the velvet or silk galon which simulates a tunic. Hem invisibly from the back (the French hem) over a band of lino. Wear over a very soft foundation skirt with no firm frills to push out the folds of the skirt. Charming bodice. Cut a bodice lining of white silk, with three piece front. Tack, fit, seam. Fill in neck with three-piece vest of draped white net. Band collar of the net, draped on fine white-cased bone. Cross draperies of striped silk-and-velvet, recalling the colours of the galon. Sleeve of the net, a one piece sleeve, ruffled on a silk lining, mounted into the armhole. One-piece kimona over-blouse made of the skirt material, fronts closing with a smart strap, edged galon. Belt of velvet to match, supported on whale-bone. 48-inch material, 6 yards. A big velvet button decorates Kimona and skirt.

Embroidered Silk Collar.

No. 7644, **Page 38.** Of white glacé, closing at back with small buttons and worked loops. Decorate with French knots, a band of lace and a small bow of silk ribbon.

A Lace Kimona.

No. 7645, **Page 38.** A charming summer coatee to smarten a plain muslin or silk blouse. Cut a three-piece kimona in Brussels net all in one piece. The lower part is veiled with lace back and fronts, also edge of kimona sleeve. Over this is a one-piece kimona of lace. Edge the lace with lighter lace frill. Decorate with cord motifs and tassels. 18-inch lace 4 yards.

Collar of Tucked Muslin and Lace.

No. 7646, **Page 38.** The material is folded to the flat pattern. At the top is a frill of Valenciennes. Bow of muslin and Valenciennes.

Collar of Gold Braid.

No. 7647, **Page 38.** Quite new model. Made up to flat pattern with rows of the gold braid. Bow of the braid, tipped with little tassels. A frill of chiffon trims the top.

(*Concluded on page* 41.)

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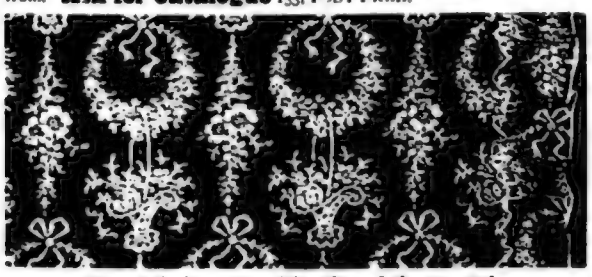

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THE CHEAPEST & MOST RELIABLE.

Cut from any DESIGN and every PIECE STAMPED. Use only *MYRA'S*; they are the best.

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A CLEAR COMPLEXION!

PIMPLES, BLACK SPECKS, SUNBURN, FRECKLES, and Unsightly BLOTCHES on the Face, Neck, Arms, and Hands, can be INSTANTLY REMOVED by using MRS. JAMES'S HERBAL OINTMENT, made from herbs only, and warranted harmless. It imparts such a lovely clearness to the skin that astonishes every one. Of all Chemists, or a box (with directions) sent free from observation on receipt of postal order for 1/3 and 2/11.

MRS. C. JAMES, 268, CALEDONIAN ROAD, LONDON, N.

Health and Beauty.

By MISTRESS ANNE PAGE

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Felicity.—To give that fascinating sparkle to your eyes without doing them any harm, use Dr. Allen's Eye Brightener, which is supplied for 1s. 6d., or double the quantity for 2s. 9d., by the M-Highwater Laboratory Company, 1-118, Exchange Building, Southwark, London. This will make your eyes look larger as well as more brilliant.

Grizly Bear.—There seems to be nothing for it in your case but a dye, and I recommend you to send a little of your back hair, and also of the front which is so grey, to the Teinture Syndicate, 285, Regent Street, London, W., with a remittance of 2s. 2d. for a bottle of "Jappo," a first-class hair-dye in one liquid that is very easy to apply satisfactorily to one's own hair. It is quite harmless, and both cleanly and lasting.

Wonnie.—To keep your hands soft and white and smooth you should always rub a few drops of Beetham's Larola (1s. a bottle at any chemist's) into the skin after washing and before wiping them. After being out in the wind you will find it a good thing to take a little of this same nice preparation on a towel, and to gently rub it all over your face, and then to wipe with the towel, as if you had washed in the ordinary way with water and soap.

Jack's Aunt.—A course of Clarke's Blood Mixture (all chemists supply this) would clear your nephew's skin of those unbecoming blotches, and would purify his blood so that he would not suffer from them in the future.

Emma.—In the early days of beauty-culture, when most of the face-creams contained glycerine or vaseline in large proportion, there was a risk of encouraging superfluous hairs by nightly face massage, but scientific chemists, such as Mr. Mason, of 25, Bank Plain, Norwich, who manufacture the toilet aids in these days, know better what ingredients are safe to use, and you may be sure that the above Mr. Mason's Crême Suprême (2s. 9d.), while it will take out your wrinkles and rejuvenate your face, will not bring any sort of blemish out on it. You will find the right way of treating your skin in the above Mr. Mason's book on "Face Massage, and the Care of the Complexion," which is well illustrated, and which he will send you free of further cost if you ask him for it when you send him the remittance for a jar of the above wrinkle-removing crême.

Dot.—I am sorry that what you used to brighten your hair streaked it with "scarlet," and I will repeat here what I have said so often that readers of our Journal should always write for advice before they use anything that they do not see recommended in these columns. Everything we advise our readers to use has been submitted to the severest tests before being mentioned at all, and therefore may be used with all confidence. The things advertised in the columns of daily papers may be all very good, but they may not be suitable to individual needs. To get those streaks of unwanted colour out of your hair, and then to have it properly recoloured to the shade you desire, go to Tarlita, 77c, New Bond Street, W., and tell him you are a correspondent of mine, and he will be most kind to you in the matter of the fee.

Buckingham.—Yes, I have personal knowledge of the Zobeide Hygienic Belt, which is supplied for 31s. 6d., by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E. I believe she can tell you of a cheaper one that she sometimes makes for women who work, and who must be trim of figure; but the above price is for the one which I have tested. Its action is quite harmless, but most beneficial in reduction of abdomen and hips, and it can be worn by day or by night, as it is made from a very fine medicated tissue that fits like one's own skin, and not only takes up no appreciable room, but makes the figure below the waist seem to be smaller and trimmer at once. I do not think you would find it too costly when you see what an improvement it makes in your personal appearance.

Catkin.—To get the roughness out of your skin and make it clear and fine again, do not wash your face and neck with water for one week, but take some "Oatine" Face Cream (1s. 3d. or 2s. 6d. per jar, from any chemist, or, in the first instance, direct from the Oatine Co., 136, Denman Street, London, S.E., when I advise you to get the 2s. 6d. jar, as that contains four times as much as the other) on the corner of a soft towel, and rub this well into the skin, going upwards from neck to forehead all the time. Then wipe as if you had washed with soap and water, and then finally dry off with "Oatine" Face Powder, in the Naturelle shade (1s. 6d. a box), and wipe all that is visible of this off again. At the end of the week you will see such a pleasing change.

Widow Malone.—When you are so sure that you are much too stout all over as you say you are you need have no hesitation in taking a harmless remedy such as Dr. Ritter's Obesity Specific is, and I advise you to send 2s. 6d. for a bottle of these little tasteless capsules to Dr. O. E. Horn, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth, and to begin to take them without delay, and to persevere with them until your right weight is once more reached, and as you are only 5ft 2in in height, this should come down to 9st. For exercises that will hasten the reduction in your size you can have none better than those illustrated and described in a book called "Beauty of Figure," by Deborah Primrose (published by Wm. Heinemann, and to be obtained through any bookseller for 2s. 6d.), especially those in Chapter XI., which were designed to help those who fear they may get over-stout. Tea, white bread, and potatoes are the chief things you should omit from your dietary, but Plasmon Oats porridge will strengthen you without adding to your bulk.

Doris.—In order to clear your skin of blackheads and pimples bathe your face well every night with hot water softened with Beauty Borax (you can get this in 2d. packets from any chemist), and when it has become warm and pink, dry it quickly with a soft towel, and then rub into it some of the Cream of Sulphur which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 9d. This will not only clear away the blemishes but it will act as the harmless bleach for your complexion for which you have asked me. You should also take one of the same Mr. Mason's Tonic Complexion Pills (1s. 2d. a box from same address) before each of your meals, to purify your blood and aid your digestion, and if you will persevere with this treatment for two months you will have those pretty rosy cheeks that you desire, and a fine, clear, and pretty complexion.

Adah.—You can prevent a double-chin, and keep your face quite young and unwrinkled, by using Dr. Harlan's Beauty Complexion Massage Brush (the new one that has a hollow in it to carry its own soap), instead of the ordinary flannel or sponge, in your daily ablutions. This brush will last for years, and it costs 4s. 6d. direct from the makers, the M-Highwater Laboratory Co., 1-118, Exchange Buildings, Southwark, London.

Alex.—To give your hair that beautiful sunny red-gold tint without dyeing it, shampoo it at intervals of three weeks with Tarlita's Henna Wash (half-pint for 2s. 6d. at Tarlita's, 77c, New Bond Street, W.) and soft water. Pour hot soft water on your head and hair, then rub in sufficient of the wash to make a profuse white lather; rinse thoroughly and dry rapidly. To keep it soft and glossy you should once a week pour a few drops of the same Tarlita's Brilliantine (1s. 6d. a bottle at same place, with 3d. extra when it has to be posted) into the palm of your left hand, rub the bristles of a scrupulously clean hair-brush into this, and then brush your hair from root end to tip for about ten minutes. This will not darken the colour, but will enhance its golden beauty, and make it so lustrous.

Mena.—As you are usually subject to chilblains, and even have your hands disfigured with them in the month of April sometimes, you will find yourself far better in health and less susceptible to the miserable effects of cold winds if you will from now onwards eat salads dressed with purest trebly-refined oil (it is possible to get this so pure that there is no yellowness in it at all, but it looks almost white and does not taste of oil, and I shall be pleased to give any reader who wants it the address where I obtain it), and will be liberal in the use of butter and cream; nuts and grated cheese are advisable for you, and if you will take a course of Dr. Horn's Carnoform (quite inexpensive and only to be obtained from Dr. O. E. Horn, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth, who will send you a full-sized sample tin of it for 2s. 9d. post free), it will be very good for you, and will save you much suffering next winter. It is very nice, and you can mix it with other foods to give them a richer flavour, and to double their nutritive value.

Barbara.—(1) To restore the natural colour to your hair without using a dye or a pomade, rub into partings made in all directions on your head every night, after you have brushed and combed your hair, some of the Primrose Lotion which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 6d. in a plain wrapper. (2) The redness of your eyelids, and the tendency to styes, will entirely disappear if you rub into the margins of the lids every night some of the same Mr. Mason's preparation for the purpose, called Chryseonone (price 1s. 2d. post free), and this will encourage the growth of beautiful new eyelashes to make up for those that you have rubbed out.

A Dutiful Daughter.—Your father can safely darken his greying hair and moustache with Lockyer's Hair Restorer, which all the chemists sell in bottles at 1s. 6d.

Isabel. — The method of eradicating wrinkles by means of plasters is by no means new. A celebrated Hungarian skin doctor told me they were in use for the purpose in Paris at least fifteen years ago, and Mrs. Adair, 92, New Bond Street, W., brought a lot of the right kind of plasters over with her, and will sell you a complete set for 2s. 6d., so that you may try them.

Little Vanity. — Quite excusable! Use Zobeide Snow White (2s. from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E.) on the nights of the party and the concert, and your face, neck, and arms will look lovely.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. G. N

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Can quickly and with **absolute safety** subdue that very burdensome and dangerous disorder—Obesity, and regain a

GRACEFUL FIGURE,

comfort, attractiveness, and youthful appearance, by taking one or two of Dr. RITTER'S small tasteless Capsules, with meals (made from a specially purified, Concentrated Extract of Fucus-Vesiculosus and Marienbad Salts, neither relaxing nor constipating). Price **2/6** per bottle, or 5 for **10 6**, post free.

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SPECIAL.—To make the bust firm and reduce size and flaccidity, apply Dr. HORN'S "**Pasta Reducer,**" guaranteed harmless, price **5/-**, post free.

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Consultations Free.

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AZARIEL, for Whitening the Skin, 6s.

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The texture of the skin changes from time to time—generally for the worse. This is why beauty fades & wrinkles begin to show.

The skin deteriorates because it is constantly assailed by dust and grime, which get into the pores and remain there; while soap, instead of cleaning the pores, lodges there also to make matters worse.

To render the complexion clear, fresh and healthy you must use Oatine Face Cream, which is a natural skin-food prepared from the finest oats. It removes the harmful matter from the pores, allays all irritation, restores the normal vitality of the skin, and improves its texture, making it smooth and velvety. Oatine does not grow hair. Men find Oatine invaluable after shaving for relieving the irritation which even the best razor often causes.

Of all chemists, 1s. 3d. a jar, or larger size, holding four times as much, 2s. 6d. Save the coupon from each jar—it represents cash.

Oatine FACE CREAM

OUR OFFER. On request we will send you a FREE SAMPLE of any one of the Oatine preparations, and copy of our booklet "Beauty Hints," or for 3d. in stamps we will send you a box containing samples of Oatine Cream, Balm, Face Powder, Talcum Powder, Tooth Paste, Soap in Tubes, and Kylets.

The Oatine Co.,
136, Denman Street, London, S.E.

2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S BEAUTY-CUP MASSAGE

For the Face, Neck, Arms and Body.

Hundreds of unsolicited testimonials.

"*No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads.*"

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. **Dr. Harlan's Beauty-Cup** sent by mail in plain wrapper—with our Beauty Book—to any address for **2/1** P.O. (abroad **2/6** M.O.)

Address, **M-HIGHWATER LABORATORY Co., 1—118 Exchange Building, Southwark, London.**

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Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.

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Ugly Ears.—My patent Rubber Ear Cups remedy ugly outstanding ears. Hundreds of successful cases. **7/6** post free. Foreign **1/6** ex.

M. LEES RAY, 10E Central Chambers, Liverpool.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

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JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

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Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/2, and 2/9.

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Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get WHELPTON'S, and do not accept anything "**just as good.**"

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We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance **WILL NEVER RE-APPEAR**; and to prove the correctness of the above statement, we will send, absolutely **FREE**, securely packed and free from observation, with medical certificate and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, **TAYLOR & CO.**
(Dept. 26), **149, FLEET STREET, LONDON, E.C.**

COOKERY & HOUSEHOLD MANAGEMENT.

SALADS.

IT is popularly supposed that anyone can make a salad, just as it is said by those who know no better that anyone can boil a potato or cook a chop. True, "anyone" *may* do one or all of these three ordinary things if that same "anyone" knows how.

With regard to salads, the usual proceeding is to cut up lettuce by no means fresh, to dump some wet tomato into the mass of crushed wet lettuce, to put some slices of hard-boiled egg on the top and a few imperfectly-scraped radishes, and one or two more or less aged "spring" onions, and to finish this work of supererogation by a liberal libation of vinegar and oil in haphazard proportions, or of a dressing which justifies by its appearance the view of a small child known to the writer, who, at a picnic, wishing to make herself useful, handed a bottle of the said dressing to an unfortunate guest with the query, "And won't you have some of this furniture polish with your salad?"

Now, salad need not be elaborate to command success, but it *must* be fresh and crisp. It must be well washed and well dried; and lettuce and endives, watercress and parsley must never be *cut*, always divided with the fingers (torn, in fact), when preparing the salad.

Most cooks put lettuce into water, but they put it overhead, or let it roll about so that all the leaves are sodden.

The proper way to keep it fresh is to cut it with a stalk and to put the stalk only into water, just as one does with flowers or foliage; when this is done, lettuce will keep for days, and will even grow during that time. The vessel in which it is placed must be shallow, as it should have only about two inches' depth of water, and this must be renewed daily (a small piece of charcoal will greatly assist in keeping the water fresh). The same process will keep other "greeneries" equally well, especially cucumber, which should never be put in water half way up its length, as is so often done.

Drying the lettuce is as important as keeping it fresh and washing it well. It should never be prepared hours before it is wanted, but should be divided into leaves at the last possible moment and washed by placing it in a colander and running clear, fresh cold water through until all grit, &c., has disappeared. To dry it, put the leaves on a clean linen cloth, take hold of the cloth by its four corners, and swing the cloth round and round quickly and lightly. All the moisture will fly off the leaves, into the cloth, and the lettuce will be dried without any of the injury incident to the usual proceeding of patting and mopping with more energy than knowledge.

In dividing the leaves for the salad bowl they *must* be torn with the fingers, and never touched with a knife.

Now, as to the making of a plain lettuce salad, than which there is no other more refreshing in summer weather. Wash, dry, and divide the lettuce as above described, and place it in the salad bowl—which must be quite dry and very cold. The only thing to add, and nothing is nicer, is a plain French dressing of oil and vinegar. Here the cook usually goes wrong. She ignores proportions, which should be one spoonful of vinegar to two spoonsful of oil. Also she puts both oil and vinegar in together, or else in the wrong order, and the result is failure. To add them properly, take the vinegar first, in the spoon, and add to it a saltspoonful of salt and half a teaspoonful of quite freshly-ground black pepper. Mix well, and pour over the salad, and toss it well, using two forks. Next pour in the oil, and again toss well. The difference in the flavour of a salad which has the oil added last and that which receives its dressing in inverted order is only to be realised by those who experiment in both directions.

Some people like salad to be a little pungent in flavour, and these may be placated by a pinch of mustard being put in when the salt and pepper are added. Others like the flavour of tarragon, and a few drops of tarragon vinegar will please them.

Others, again, like onion, which may be added either in the shape of very young spring onions, chopped small and mixed with the lettuce; or the flavour without the onion may be achieved by rubbing the salad bowl with cut onion, or garlic, or by adopting the French fashion of placing a square crust of roll, sprinkled with salt and rubbed with onion, at the bottom of the salad bowl, before putting in the lettuce.

A word is necessary as to the oil and vinegar. It is useless to expect a nice salad unless these are of the very best procurable. Lucca oil should be asked for, except when the slightly sweeter Provence oil can be got, and French vinegar should be used (brown, not white wine).

Of salads in variety there is almost no end; but plain lettuce salad is the founda-

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PRETTY SUMMER BLOUSES FOR YOUNG GIRLS.

For Description see Page 44.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

tion of a good many of them, and it may have tomato, cucumber, cloves, cress, celery, potato, beetroot, and many other additions, according to the resources available and the resourcefulness of the cook.

I give one or two plain salads, and a recipe for Mayonnaise sauce, which is a glorified edition of the "furniture polish" of regretful picnic memory.

MAYONNAISE SAUCE.—Have the yolks of two raw eggs in a basin, add a teaspoonful of salt, half a teaspoonful of white pepper, and also of French and of English mustard (dry), and a pinch of cayenne if people like *hot* things. Mix these well together, then add three gills of oil, drop by drop, and mix till quite smooth and thick, like custard. Then add a tablespoonful of vinegar, also drop by drop, till the sauce is of the consistency of being thick cream. This may be bottled, and will keep some time if very securely corked, and in a very cool place. Air or heat will spoil it at once.

TOMATO SALAD.—Skin six tomatoes by dipping them for a minute into boiling water. Quarter them in the salad bowl so as to lose none of the juice. Add a teaspoonful of finely-chopped cloves, a sprinkling of mixed herbs, and the oil and vinegar dressing as already described.

LETTUCE AND CELERY SALAD.—Rub the bowl with a piece of onion. Cut a slice of bread and butter into dice and place it at the bottom. Tear some crisp lettuce into small pieces and add these. Sprinkle over some shred celery, and add a small tomato in slices. Mix well, and pour a little Mayonnaise sauce over all.

Salad is of great use in providing dainty dishes from small remains of meat, fish, &c., and those who try the following recipes will not regret it.

BEEF EN VINAIGRETTE.—Have some very thin slices of cold beef, either roast or boiled, salt or fresh, and place them at the bottom of a deep dish. Arrange over this some flakes of cooked kippers or bloaters, whichever is at hand, and sprinkle over this fresh saladings, according to what is available. Minced cloves, parsley, cress—any of them will do quite well, season well with pepper, and add an oil and vinegar dressing, and it is ready to serve. This salad must not, of course, be mixed.

N.B.—All dressing, and especially Mayonnaise, should be added at the last moment before serving, or the salad will be sodden and wet and unappetising.

FLEMISH SALAD.—Slice down any cold vegetables you have with a sour apple; toss them well in an oil and vinegar dressing, and serve, garnished with fillets of cooked bloater or anchovy. Garnish with fresh lettuce leaves. Some slices of spiced or salt beef may be used instead of the bloater or anchovy if convenient. It is far more important to have nicely-flavoured dressing than ambitious materials, and a nice salad may be made out of almost any odds and ends of meat or fish by any cook who reads the directions I have given with intelligence and a little of the gift which, for want of a better name, we term "adaptability."

A PLAIN SALAD DRESSING.—The yolks of two hard-boiled eggs, a tablespoonful of sugar, and a teaspoonful of dry mustard, mixed to a smooth paste with four tablespoonfuls of oil and rather less than that quantity of vinegar. Add half a teacupful of cream, and beat all continuously until quite smooth.

VINAIGRETTE SAUCE.—One shallot, finely minced, two sprigs of parsley and chesvil, a tablespoonful of salt, a teaspoonful of freshly-ground black pepper, and three tablespoonfuls of vinegar. Put these all into a bowl, stir well together, and then add, by degrees, and never ceasing stirring, four tablespoonfuls of oil.

LETITIA HOPE.

No. 7658.—A PRETTY CANVAS FROCK.

Price of Paper Pattern, Skirt, 1s. 0½d.; Blouse or Foundation Skirt, each 6½d.; Kimona Overblouse, 3½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

The new canvas muslin is used in pale aluminium grey shade. Five-gore skirt is pleated (pleats wheelmarked on pattern). Wear over a seven-gore foundation skirt of aluminium grey silk. The one-piece kimona is tucked on the shoulder. It is edged with grey silk pleatings. Wear over a lace blouse dyed to match the canvas. 44-inch canvas, 6 yards.

FREE GIFT.

By the courtesy of Messrs. Tubbs, Hiscocks and Co., Ltd., who are the sole proprietors and manufacturers of that widely-known and popular article, "Ososilkie" Brightest Lustre Yarn, we are able to make a most exceptional offer to those of our readers who are interested in art embroidery, knitting, crochet, tatting, or Teneriffe lace work. We have arranged with this firm that they will send post free to any of our readers one of their new, beautiful shade cards showing 150 colours in which "Ososilkie" is stocked, and in addition they will also send samples of all the various sizes in this lustrous thread is made All you have to do is to drop them a post-card, and the card (with patterns) will be sent per return. One thing remember, however, that this exceptional offer is for one week only, and it is also imperative that you mention MYRA'S JOURNAL.

The Most Delicate Child

CAN EASILY DIGEST AND ASSIMILATE

Neave's Food

Contains all the essentials for Flesh and Bone-forming in an exceptional degree. Over 80 years' reputation.

Assists Teething and Relieves Infantile Constipation when prepared according to the directions given,

forms A COMPLETE DIET FOR THE INFANT, THE AGED, AND THE INFIRM. Health and Strength giving.

Sold in 1/- and 2/6 Tins. Also in 4d. Packets.

Write for "HINTS ABOUT BABY," by a Trained Nurse; postcard to Josiah R. Neave & Co., Fordingbridge, via Salisbury.

Plasmon increases the food value of Cocoa enormously." —*LANCET.*

PLASMON COCOA.

10 times more nutritious than ordinary cocoa.

DELICIOUS—DIGESTIBLE.

In Tins, 9d., 1s. 4d., 2s. 6d.

OF ALL GROCERS, STORES, &c.

Shopping by Post.

AT the present time when blouses are so much worn, and when such high prices are paid for the crêpe de chine, silk or chiffon models, it seems woeful extravagance to have to throw away one of these lovely creations when it becomes soiled after wearing a short time; yet nothing looks shabbier or more untidy than a soiled blouse. Our readers doubtless know, to their sorrow, that a blouse made of a frail, delicately coloured material is positively ruined if sent to the wash, and, therefore, the only alternative is to have it dry cleaned. Messrs. Clark and Co., 9, Hallcroft Road, Retford, are now supplying a long-felt want, and ladies will, we are sure, be glad to avail themselves of the opportunity afforded of having their blouses cleaned by this enterprising firm. A blouse sent them will be cleaned and returned looking like new, for the remarkably low price of 1s. 3d., and the firm pay the postage one way. The price charged for dry cleaning an entire dress is only 4s. All our readers should write to the firm (mentioning Myra's Journal) for a price list, which will be sent post free on application to Messrs. Clark and Co., 9, Hallcroft Road, Retford.

DURABLE AND ELEGANT HOSIERY.

It is astonishing what dainty hosiery one can get nowadays, at most moderate prices, if we know where to go. On this page is illustrated a pair of the famous Swanwick *fast-black* hose with openwork fronts. The shapes of all the Swanwick Hosiery are first-class, beautifully seamed. The black is fast, although no arsenic or hurtful agent is employed; there is no fear of staining the foot or most delicate petticoat. Swanwick Hosiery is to be had at all good drapers', but care should be taken to see that it bears the Swanwick Fast Black trade mark. Everybody who values good style in details of dress—and what lady does not?—should make a point of asking at their drapers' to see specimens of the Swanwick Fast-Black Hosiery.

Swanwick Hose.

SUMMER SILKS AT THE ROYAL SILK WAREHOUSE.

I do not think that we have ever had prettier silks than this summer can show. And the prices are so moderate, too, if we go to the right place. To get striped and chiné foulards and taffetas in fascinating array, we should send for patterns to Mr. Robinson Brown, Department 9, Royal Silk Warehouse, Macclesfield. Readers of Myra's Journal will receive the promptest attention. Mr. Robinson Brown's silks are so moderate in price. I was much struck by the wonderful cheapness (only 1s. 11½d.) of a lovely printed foulard, white, with fairly wide spaced-out black stripes. Across this handsome ground is scattered chiné pink flowers beautifully shaded. It would be difficult to find a more beautiful and cheaper silk for handsome summer gowns and blouses. The chiné taffetas are beautiful, at all prices. A remarkably handsome one (3s 6½d.) is white, with very narrow, pale, half effaced blue stripes fairly close together. Over this ground is scattered lovely groups of moss rose-buds in natural shades. The range of black-and-white striped silks for summer gowns is a large one, in great variety, at exceedingly reasonable prices, and there is a range of charming striped gauzes, exquisite printed muslins, &c.

Obstinate stoutness may be cured with surprising ease by a careful course of "Russell," and the restored beauty of proportions is not merely temporary, but permanent. The "Russell" treatment is a true scientific means of lastingly ridding the system of all superfluous fat, both internal and abdominal, whilst at the same time assuring a return to robust health and strength. The effects of the course show themselves within twenty-four hours. In that time there is a reduction varying from ½lb to 2lb, and the subsequent daily decrease is agreeably progressive until lasting return to normal weight and beautiful proportions. The chief agent employed is a pleasant, harmless, tonic liquid, purely vegetable in composition, and the recipe is published in "Corpulency and the Cure," Mr. Russell's standard work. The appetite is greatly improved, with increased digestive power; and as no drastic restrictions as to food are required, the wholesome nourishment taken enriches the blood, solidifies the muscles, and revivifies nerve power. Hence the wonderful recuperative and reductive effect combined of the famous "Russell" treatment. Those who desire to learn all about it should procure a free copy of "Corpulency and the Cure" (256 pages), by the discoverer of the treatment. For this they have only to address three penny stamps (for postage under private envelope) to Mr. F. Cecil Russell, Woburn House, Store Street, Bedford Square, London, W.C., when a copy of the book will be sent them by return post.

ABOLISHING SWEATED LABOUR.

Considerable attention has been drawn of late to the poor conditions under which the carding of hooks and eyes and buttons is carried on in the houses of the poor, and the select committee of the House of Commons now sitting to consider home work have given this class of labour considerable attention. It has been pointed out that in the poorer brands especially considerable competition is felt from abroad, which has the effect of keeping prices for labour very low. It is satisfactory, however, to know that machinery has now been invented to deal with this work, and that although the machinery to a certain extent displaces hand labour, it is worked under conditions that provide remunerative labour to hundreds of workers.

One witness examined by the committee, Mr. J. G. Newey, of Birmingham, who is a large maker of hooks and eyes, informed the chairman, Sir Thomas Whittaker, that all hooks and eyes bearing his name were now carded by machinery, and that young girls operating these machines were able to earn fair wages on an eight hours day system. The public are thus assured that in buying Newey's Hooks and Eyes they are assisting British industry and enterprise, and not supporting sweated labour in any way. The fact of this work being carried on in factories and under the supervision of H.M. inspectors also insures sanitary conditions, and does away with the risk of disease being carried by a germ-laden card which has passed through a sweater's den, as too many of the hand-sewn cards do.

DESCRIPTIONS OF ILLUSTRATIONS.

(*Concluded from Page 38.*)

Muslin Collar and Jabot.
No. 7648. High collar, supported by bones,
Page 38. made of tucked muslin (tucked to flat pattern), with hemmed muslin frill at top. A band of muslin embroidery holds the coquillé frill of hemmed muslin.

Detachable Yoke of Lace.
No. 7649, Very smart and useful model.
Page 38. Pattern in two pieces: half the yoke, half the collar. Cut complete yoke and collar in stiff paper, and make up yoke and collar upon this with rows of Valenciennes insertion joined by beading.

Lace Handkerchief.
No. 7650, Of finest French lawn, scalloped
Page 38. and embroidered, edged with lace mounted beneath fine lace beading.

A Glacé Underslip.
No. 7651, To wear under pinafore bodices.
Page 38. Cut a fitted bodice and elbow sleeve of white glacé, hooking at back with Newey's Imperial Spring Hooks and Bars. Front and back is veiled with tucked net, decorated with lace insertion. Unlined collar tucked to flat pattern, supported by bones, closing at back. On the glacé sleeve lining is mounted a net sleeve in one piece with lace-trimmed cuff tucked to flat pattern. 36-inch net, 1½ yards. For the net send to Messrs. Peach, 133, The Looms, Nottingham.

Lace Empire Scarf.
No. 7652, Scarf of light lace net, edged with
Page 38, appliqués of heavier lace. Frill of the heavier lace all round.

Girl's Linen Blouse.
No. 7653, Very smart model, with one-piece
Page 42. "Kimona" yoke cut in one with front panel. Into this is arranged the tucked front, two tucked backs, and a tucked shirt sleeve. Long fitted under-sleeve to elbow. The strap of the kimona yoke is stitched down on the sleeve. Pearl buttons trim the yoke. Band collar, with small revers open back and front. 29-inch linen, 3½ yards. For the linen send to the Bradford Manufacturing Company, Bradford.

Girl's Kimona Blouse of Nun's Veiling.
No. 7654, The pleated back and pleated
Page 42. fronts are cut in one with the pleated sleeve. The sleeve edge is gathered into a high cuff. Each front, cut with straps, is secured on the lace vest over a band of velvet or black satin. Metal buttons. Blouse closes at back. Lace band collar. 46-inch material, 3¾ yards. For the veiling, send to the Bradford Manufacturing Co., Bradford.

Girl's Embroidered Lawn Blouse.
No. 7655, A back and two fronts, right
Page 42. front cut with central box-pleat. There is a box-pleat at back centre. Decorate with bands of lawn *broderie Anglaise.* Shirt sleeve with long lower sleeve, embroidered or edged with *broderie.* Band collar and velvet tie. 29-inch material, 3½ yards.

Alternative collars for the washing blouses are also illustrated at Nos. 7656 and 7657, of scalloped and worked lawn and folded muslin.

Result of the Cookery Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the following Recipes:—

Oyster Powder for Flavouring.—Open the oysters carefully, so as not to cut them, except in dividing the membrane which attaches the shell. Put as many oysters as can be conveniently pounded at once into a mortar, add 2 drachms of salt to each dozen oysters, pound them, rub them through a hair sieve, and put them into the mortar again with as much flour as will make them into a paste. (One dozen of oysters will take 2½oz of flour, and when dry should yield about 2½oz of powder.) Roll the paste out several times, and lastly flour it, and roll it out to the thickness of half a crown. Cut into pieces 1-inch square, put them into a Dutch oven, turn them every half hour, and as they dry crumble them. They will take about four hours to dry. Then pound them, put them into a bottle, and cork and seal. When required for sauce, to make half a pint, put 1oz butter into a saucepan with 3 drachms of oyster powder, and 6 tablespoonfuls of milk. Stir over a slow fire till it boils, and season with salt. This is excellent for fish, fowl, or rump steak, or it may be used to spread on bread and butter for sandwiches.—Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.

Nut Cake.—Prepare two breakfast-cupfuls of picked walnuts, filberts and Brazil nuts, and grind them small in a coffee mill. Then soak them in a little milk. Meanwhile beat together a cupful of brown sugar and 4oz of fresh butter. Mix in another basin ¼lb of dried flour, a teacupful of whole meal flour, and a teaspoonful of cream of tartar. Beat separately the yolks and whites of three eggs, stir the yolks into the butter and sugar, and beat into the nuts and milk. Then add the flour and the beaten whites of the eggs alternately, a little at a time; and, last of all, a teaspoonful of carbonate of soda dissolved in a little hot water. Beat all together well for two minutes, pour into a buttered baking tin, and bake for about an hour in a good oven.—Miss Munro, 15, Broad Water Down, Tunbridge Wells.

Dropped Scones.—Required: 1 egg, 1lb syrup, ¼ cup milk, 1 teaspoonful sugar, ½ teaspoonful baking soda, ¾ teaspoonful of cream of tartar, and sufficient flour to thicken. Method: Put the egg, syrup, and sugar into a bowl, and beat well with an egg-beater. Add the milk, and beat again. Then shake in as much flour as will make a batter; add the soda and cream of tartar, have a well-greased girdle ready, and drop the batter on to it in spoonfuls.—Miss M. Barrowman, Stanecastle, Hamilton, N.B.

Savoury Kedgeree.—½lb rice, 2 eggs, 1½ oz butter, 2 tomatoes, 1 teaspoonful parsley, ½ teaspoonful thyme, ½ teaspoonful of marjoram. Put the rice, which has been well washed, into a saucepan with 1 quart of boiling water; add a teaspoonful of salt, and boil till tender (about 20 minutes), then strain off the water. Put the eggs into cold water.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

When the water boils, let them cook for 10 minutes more, then remove the shells, and separate yolks and whites. Skin the tomatoes by putting them in boiling water for 1 minute, chop them finely, and also chop up the whites of the eggs. Now put the butter, rice, tomatoes, parsley (chopped), herbs, and a seasoning of pepper and salt into the saucepan the rice was boiled in; make very hot, pile over a flat dish, and rub the yolks of the eggs through a wire sieve on to the mixture. Garnish with parsley and slices of lemon.—Mrs. C. E. Day, 99, Park Road East, Birkenhead.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the following Hints:—

To Keep Shoes a Good Shape.—When shoes are too long at the toe, pad lightly with damp tissue paper. Put on the shoe, wear it while the paper is wet, and it will become exactly the shape of the foot. When the paper is quite dry, it will be solid, and the shoe will retain its perfect shape.—Miss E. M. Dowell, Fernwood, Bideford, N. Devon.

Two Useful Hints.—(1) To clean patent leather:—After removing all dirt, rub the surface well with a slice of an orange, and when dry polish with a dry soft cloth. This will not only give a bright appearance, but will prevent the leather cracking, and will help to preserve it. (2) Use a piece of velveteen for brushing silk. Try it on a black silk petticoat, and see how perfectly it wipes away all traces of dust which have gathered in frills or ruffles. Any brush, however soft, acts as an irritant to silk, but velveteen removes all dust without injury to the surface.—Mrs. C. Lee, Cosy Hall, Sullow, Co. Dublin.

A Hint for Winding Wool.—This will be useful to anyone who has to wind wool without help. Have a flat piece of wood 30in long and 3½in. broad. Take two large empty reels, and fasten them to the board, 4in. from each end by good-sized nails, taking care they are loose enough to revolve freely. Slip the skein of wool over the reels, and there will be no difficulty in winding. This device is very simple, and practically costs nothing.—Miss Egglestone, St. John's Chapel, R.S.O., Durham.

To Keep Fringed Towels Tidy.—Always oversew the edges of towels with fringes before they are sent to the laundry. Unless this is done, the edge becomes more and more frayed, and is shabby almost directly. In doing up the towels, do not comb the fringe, which destroys it quickly, but shake it well, and beat it against the back of the chair or on the laundry table. This separates the strands without doing any harm to them.—Miss Leary, 104, Albert Road, Jarrow-on-Tyne.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before June 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.
JUNE, 1908.

HOUSEHOLD HINTS.
JUNE, 1908.

The Result of the Competition will be published in the August number.

Note.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications must not be made to Mrs. Hope, but to Messrs. Beeton & Co., 10 & 11, Fetter Lane, E.C.

THE FIGURE BEAUTIFUL

A HANDSOME BOOK FREE.

Under the above title we have just issued a handsome little booklet, daintily got up, well written by an eminent specialist, on beautifully illustrated lines. In order to bring home to you with full force the importance of being thoroughly healthy and the natural effect of health upon the figure, we will send you this charming little work FREE, also a trial treatment, on application.

The book will show you conclusively how easy it is to obtain perfect health, a lustrous complexion, and a queenly figure in a very short time, through the simple agency of **The Temple Nerve and Flesh Food** (a vitalising agent and flesh builder), and how, without otherwise prejudicing your health in any way, you may, by a natural hygienic method, **enlarge your Bust** from three to six inches **in a few weeks.** At the same time the shoulders are developed and made pretty and plump; and those "salt-cellars" which used to bar you from being beautiful are removed. **The Temple Nerve and Flesh Food,** as supplied for bust development, is a certain remover of wrinkles, crowsfeet, lines, chaps, pimples, blackheads, and all other blemishes upon the skin. It thoroughly clears the complexion, and gives it the full rich tone which can only be possessed by a woman who is in the pink of perfect health. If there be any special ailment the Flesh Food can be specially altered to remove it at the same time the bust is developed.

There is no time to lose. Every day you delay means the longer you will have to wait for beauty. Send at once, enclosing stamp to pay postage, and address your letter to **Madame F. D. Temple, The Temple Association (Dept. 94), 8, Blenheim Street, Bond Street, London, W.**

Plate Baskets

We have a large stock of PLATE BASKETS. Each article is strongly made and well finished.

We can

SUPPLY and SATISFY

your requirements if you place your orders in our hands

By doing so you will secure goods of *high* quality at store prices, and at the same time help to support the poor blind.

Letters should be addressed Mr. H. E. Mullins, Association for the General Welfare of the Blind,

258, Tottenham Court Rd., LONDON, W.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 3rd of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

June Rose.—(1) You can get the Empire curls from 4s. 6d. each at the International Hair Co., Department M. J., 10, Newman Street, Oxford Street, W. Send a piece of your hair so that colour can be matched. I am not quite sure if the International Hair Co. makes up ladies own combings into pin curls, but I believe they do. You had better ask when you write for the illustrated price list "How to be Beautiful." No hairdressers *buy* ladies' combings, as there is sufficient long natural hair to be bought to supply the market. (2) That lovely printed foulard which I described—white silk, black stripe, and chiné pink flowers—you can get at Robinson Brown's, Department 9, Royal Silk Warehouse, Macclesfield. The price is very moderate, only 1s. 11½d. the yard. For a lovely style copy the free skirt and blouse patterns which were presented (among others) with the May number.

Dragon-Fly.—(1) You will find a "Charlotte" hat on page 6, fully illustrated and described. There is another richer specimen accompanying the lovely Empire frock of Robinson Brown's chiné silk (No. 7599). (2) How do you like the graceful gown, No. 7605? It has the "Gibson" skirt and smart cape you are asking for. It would look *very well* in stripes, but in that case you must have a seam down the back of the cape where the stripes would meet in V points. Your striped silk-and-wool fabric is very pretty, and the colouring is lovely. You can use silk braid as a trimming, or bias bands of the stripes bound with satin or braid. See that the satin or braid matches one of the stripes. (3) Filet lace is too dressy for the purpose. The serge is a rough one. Make it up in tailor style. There is a charming little coat-and-skirt at No. 7628 with the tiny sacque you require.

Mrs. W. R.—(1) I have sent your requirements to Miss Jones. She keeps addresses of dressmakers such as you require. The free skirt (May No.) will make up very well in your *drap souple*; it is not necessary to make it of striped fabric if you prefer plain. It is always easy for the novice to copy a striped gown in plain material, but it wants experience and care to copy in stripes an illustration of a gown in plain material—so much attention is given and so much success is attained nowadays in striped fabrics by our best tailors and dressmakers. (2) The tasselled peplum points are still in great favour. You will find a draped Princess of that type on page 3 of our May No., and in this number you will see tasselled points in the lovely models, Nos. 7618 and 7623. Many thanks for your kindly appreciation of our efforts. Many ladies write that our designs are "the smartest in London." We are always very appreciative of such kindly praise. It is always acceptable to know that one's efforts are successful.

Owing to pressure of space many answers are crowded out and have been answered by post.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.
Continued from Page 12.

Renovations (E. S.).—I am re-inserting your notice. You don't say how you are getting on, but I hope you are busy.

Wanted a Suitable District for Dressmaking Business (R. F. S.).—I have heard of one or two places lately, but they were all more than twenty-five to thirty-five miles from London, so they would not do for you. If you will send the stamps for a private reply I can give you the address of a lady in a very bracing part, with whom possibly you might be able to make some arrangement. The high ground in Surrey would be most suitable for you, I think. The air is wonderfully invigorating, and the residents, for the most part, of a well-to-do order. I will put a notice in for you, which may result in something, and also remember you if I hear of any opening personally.

Companionship (M. W. H.).—Your first letter I forwarded to 597 (who is not now seeking a partnership), and as it was sealed, I had to open it. Your second reached me on April 6, and as our May issue came out on the 15th, and letters to be answered therein must reach the office by March 25, you will see how it was you saw no reply in that issue. I know your old town, and very delightful it is. I will gladly put in a notice, and possibly someone may be able and glad to avail themselves of your offer. I am glad my article pleased you greatly.

Singing Lessons (J. C. B.).—I am glad to put you on my Register. The printed notice must be cut out each month, and sent for re-insertion. I am always doubly pleased to be of use to anyone who has taken Myra "for years."

Coat and Bodice Hand Wanted (F. G.).—I have no one suitable at present on my Register, but I am inserting a notice, which doubtless will evoke some response.

Leather Work (M. E. P.).—Your work is uncommon and very pretty. If you will look in next month's issue I shall, perhaps, be able to tell you of some fresh opening for your work. If you will send me the stamps I will return your specimen, as I think you should send it round to likely purchasers. Have you tried Ladies' Work Society, 31, Sloane Street, S.W.; the Gentlewomen's Self-Help Society, 17, Conduit Street, W., and the exhibitions of the Royal School of Art Needlework, Exhibition Road, South Kensington? I am putting a notice for you in my Register.

Coat Maker Wanted (M. D.).—I have several suitable workers on my Register. I am so glad to hear that you find my column so useful. I hope whoever you employed gave you satisfaction. In such a case it is kind to let me know, and only fair to a worker who has done her best to please.

Notices Received.—A. H.; M. L. R.

Change of Address (Miss L.).—I have made the alteration in the Register, but so far your printed notice for re-insertion has not reached me.

Dressmaker (Miss J. C., Shepherd's Bush.).—I fear you do not take Myra regularly, or you would have seen your notice long ago. It is 593 in the March issue. I think it is best to give some idea of your charges, as many people will not bother to write unless they have some conception of what they may have to pay. I have given your name once or twice, but to be really of use you should send your notice up regularly for re-insertion.

New Work (Pegotty).—Your letter interested me greatly, as I well know how hard life is now for the professional classes. As you have such decided talent for art why do you not take it up again seriously. I fear I cannot tell you any more about the little bags, as I do not know how they are made. Are you any good at designing posters or Christmas cards? You say you have a talent for drawing cats. Could you not turn this to account? It is absolutely essential to adapt your skill to the public requirements. Your forte is evidently drawing and painting, and you should devote your energies to such work. I am glad my article pleased you so much.

Dressmaker Wanted to Join Another (J. M.).—I have put in a notice for you, and I think someone may be glad to join you, who is fond of a quiet life, especially as you only want a working partner.

Change of Air, &c. (Miss P.).—Your place sounds charming, and I shall be glad to recommend anyone suitable. So far I have had no enquiries, but the summer is coming on, so we must hope for fine weather, which does good all round.

ETIQUETTE.

All letters should be sent to "Duenna," Myra's Journal Office, 10 and 11, Fetter Lane, E.C.

Pegotty.—(1) As a resident it would strictly be your duty to call first when the young bride visits her mother—if, as I understand, the mother resides in your neighbourhood; but, under the circumstances, it would have been only kind and the proper thing to do for her to come and visit you, as she knows you very well and is aware that you are an invalid. The young lady's curious choice of calling hours suggests unconventional methods, to say the least, so that she has no excuse for waiting until you make the first call.

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Potato Boiling.—Yes. I saw the error, dear lady, which was a mere printer's error. Of *course*, the water in which potatoes are boiled must be salted—but do not make it too salt. A tablespoonful of salt is the usual proportion for two quarts of water.—Amice.

Keeping Food Hot.—I think the appliance you are asking about is the "Eetot" patent cooker. You can get it at your ironmonger's, or at any good stores, I expect; but the makers are, I think, A. E. Gutmann and Co., 8, Long Acre, London, E.C. Prices are according to size. I believe they begin at about £1, which would be a sufficiently large size to keep food for two hot. Let me know how you like it after you have tried it.—C. H. B.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
JUNE, 1908.

DRESS AND HAIRDRESSING.
JUNE, 1908.

HEALTH AND BEAUTY.
JUNE, 1908.

ETIQUETTE.
JUNE, 1908.

COOKERY & HOUSE MANAGEMENT.
JUNE, 1908.

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OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, June, 1908.

DRESS AND MILLINERY.

SKIRTS AND BLOUSES for sale.—Fillicette, 18, Barrowhill Road, St. John's Wood.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

Wanted to purchase LADIES', CHILDREN'S CLOTHING from lady or maid; good; reasonable. M3727

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

EMBROIDERED BLOUSES from 6s. 11d.—Miss Hammond, 20, Mount Pleasant, W.C.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

Charming POCKETS, silk tatting, fringed any colour to match costume, 3s. 11d.; stock collars, with plastron, 2s. 11d.; approval—Mrs. Harcourt, 129, Marlow Road, Anerley, S.E.

DRESSMAKER, Daily, or at home. Ex-experienced.—Miss Connery, 8, Haselrigge Road, Clapham, S.W.

DRESSMAKER, at ladies' house or at home.—Miss Pees, 7, Evandale Road, Brixton, S.W.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

Joan Comerford, DRESSMAKER. Perfect fit, terms moderate.—220, Dalling Road, Shepherd's Bush.

Millicent Wright, 45, Artesian Road, Westbourne Grove, LADIES' OWN MATERIALS, Moderate.

DRESSMAKER, daily, at ladies residences. Coats, blouses, renovations, &c. Mrs Goddard, 35, May Street, West Kensington.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, D., 108, Queen Street Buildings, Edgware Road, W.

Mrs. Drake, Artistic BLOUSE MAKER and MILLINER. Ladies own material. 66, Richmond Road, Bayswater.

DRESSMAKER, any style; clever renovator; ladies' house or home.—36, Ambler Road, Finsbury Park, N.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

FANCY NEEDLEWORK of all kinds. Bazaar work Price list on application.—Miss E. Eve, 94, Coningham Road, Shepherd's Bush.

COSTUMES, DRESSES, any style and size, made to fit, 25s. complete; BLOUSES from 2s. 11d.; dainty underwear, &c.—25, Mysore Road, Lavender Hill, S.W.

DRESSMAKER, daily. Town, country. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street, Buildings, Edgware Road, W.

PLAIN AND FANCY BLOUSES for sale.—Graeff, 7, Boscombe Road, Tooting Junction.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

Mrs. Goddard, DRESSMAKER. Perfect fit and style.—150, Revelstoke Road, Southfields.

Mrs. Harlow, DRESSMAKER, MILLINER Charges moderate.—232, Ashmore Road, Maida Hill, W.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

Exchange "VERONIQUE," full vocal score, for "Geisha" (full vocal).—Scruton Rectory, Bedale.

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

PHOTO CABINETS, 3 for 1s. 3d.; PHOTO POSTCARDS, 6 for 1s. 3d.; all official size; send photo.—Sigsworth, Harbottle, St. Byker, Newcastle-on-Tyne.

MISCELLANEOUS.

Good quality white ABDOMINAL BELT, 26-inch, 2s. 6d. Lace boots, threes, 5s.—Mrs. Farmer, 12, Zetland Street, Bromley, London, E.

MANICURE AND FACE MASSAGE.—Lessons given.—Terms, apply Christine, 172, Broadway, Bexley Heath.

LADIES should not throw away their old Corsets, but send them to Madame Lee, Elm Grove, Southsea, who will clean or renovate them equal to new. Charges strictly moderate. Trial solicited.

CHARACTER SUCCESSFULLY DELINEATED from photographs, 7d.; envelope.—Madame Félice, Scruton Rectory, Bedale.

BAGATELLE BOARD, to close up, wanted to purchase. Must be in good condition and cheap. Full particulars and price to L. T., 207, Amesbury Avenue, Streatham Hill, London, S.W.

Orders earnestly desired for CROCHET, D'OYLEYS, TRAY CLOTHS, DRAWN THREAD WORK. Recommended.—Miss Pooley, 2, Grove Road, Horley.

Pleasant COUNTRY APARTMENTS. Healthy, convenient village, good roads.—Mrs. Hull, Thatcham, Berks.

Latest Novelty.—LEATHER FLOWERS FOR MILLINERY. Chrysanthemum spray, 2s. 6d. Rose mounts, 2s. Daffodils (bunch), 1s. 9d. Ivy, 9d. Convolvuli, 9d. Leather Hatpins, Bunch of Filberts, 9d.—Miss Parkinson, 129, Marlow Road, Anerley, London.

Charming SIDEBOARD or TRAY CLOTHS, exquisite Tatting or Crochet Lace. Lovely Silk Tatting, any colour, for blouses.—Miss Harcourt, 129, Marlow Road, Anerley, S.E.

CROCHET DOYLEY'S from 1s. per pair.—Miss Maud White, 2, Brigden Street, Brighton.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. JUNE, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
H. Chapman, 21, Hollywood Road, South Kensington, S.W.
Miss Connery, 8, Haselrigge Road, Clapham, S.W.
Miss Coward, 82, Camden Road, N.W.
Mrs. England, 440, Edgware Road, W.
Miss Floyd, 54, Lancaster Road, Stroud Green, N.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Miss Graeff, 7, Boscombe Road, Tooting Junction.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
B. Hébert, 24, Grosvenor Road, Hanwell, Middlesex.
Mrs. McCarthy, D108, Queen Street Buildings, Edgware Road, N.
Miss Pearl, 18, Bruce Road, South Norwood.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss E. Robinson, 69, St. Thomas Road, Finsbury Park, N.
Miss Sawardz, 56, Shirlock Road, Hampstead.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss M. Troubridge, 56, Upham Park Road, Chiswick.
Miss C. Wild, 49, Treherne Road, North Brixton, S.W.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss J. Caudell, 6, St. Julian's Road, Kilburn, N.W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Mrs. Davidson, 804, Seven Sisters Road, South Tottenham.
Miss Davies, 120, Seymour Road, Harringay, N.
Miss Edith Perry, 46, Reporton Road, Fulham, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Hunt, 72, Hillier Road, New Wandsworth, S.W.
Mrs. James, 56, Southlands Road, Bromley Common, Kent.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Miss Mayhew (from Peter Robinson's), 55, Oseney Crescent, N.W.
Miss Pauline, 129, Marlow Road, Anerley, S.E.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss L. Smith, 24, George Street, Camberwell, S.E.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

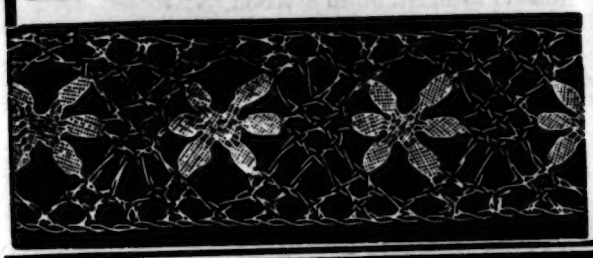
Miss Annie Blanch, 638, Fulham Road, S.W.
W. H. Keep, 69, Pembroke Street, Caledonian Road, N.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

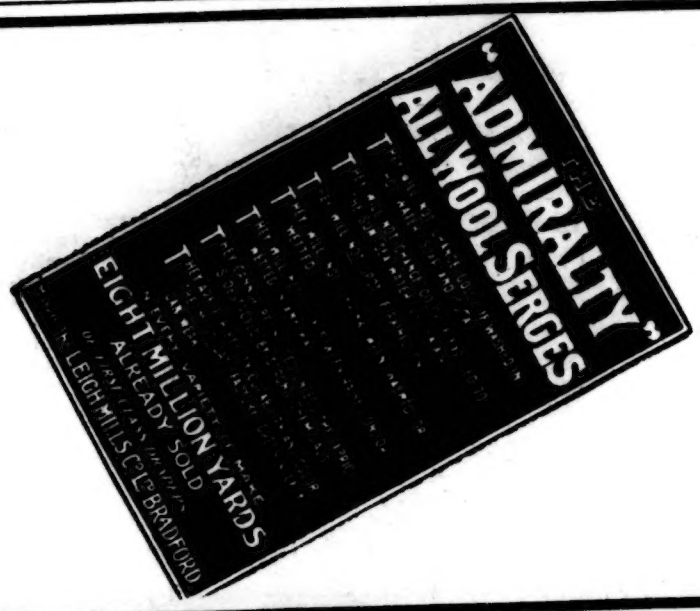
"BB" TORCHONS

REGD. MARK.

Are an actual reproduction of Real Torchon Lace (by a new patented process)



exactly as made by Handworkers on the cushion. All genuine "BB" Torchons bear the above Regd. Mark embossed on every card. To be obtained in a variety of shapes and widths.



ALWAYS BUY

"SWANWICK"

FAST BLACK

HOSIERY.

WHY? Because it is free from Arsenic and of such Fast Dye that it cannot stain the most delicate dress.

It is most exquisite in Shape, Comfort, and Fit.

It is the most Hygienic Hosiery made.

Sold everywhere in Thread, Cotton, Cashmere and Silk, with Lace, Plain and Embroidered Fronts.

LOOK FOR THIS TRADE MARK ON EVERY PAIR

"BEETHAM'S" Regd. Larola

NO MORE ROUGH HANDS.

SOFT WHITE SKIN.

IS UNEQUALLED FOR PRESERVING

THE SKIN & COMPLEXION

FROM THE EFFECTS OF

THE SUN, WINDS, AND HARD WATER.

IT REMOVES AND PREVENTS ALL

ROUGHNESS, REDNESS, IRRITATION, TAN, &c.,

AND KEEPS THE SKIN DELICATELY

SOFT, SMOOTH, AND WHITE

AT ALL SEASONS.

If used after Cycling, Motoring, Golfing, Tennis, &c., it will be found

DELIGHTFULLY SOOTHING AND REFRESHING.

Bottles, 1/-, 1/9, and 2/6, of all Chemists and Stores M. Beetham & Son, Cheltenham.

"Oldest & Best."

THE PERTH DYE WORKS

Campbells

For Cleaning and Dyeing

DRESSES & BLOUSES, GENTS' SUITS AND FLANNELS, CURTAINS & OTHER FURNISHINGS.

Particulars and Prices in Catalogue Free.

THE ALL WOOL UNSHRINKABLE FLANNEL

Perfection of Wear for

MORNING, NOON & NIGHT.

The softest & most beautiful of all Pure Wool Fabrics.

"ORLWOOLA" Regd.

CAUTION! SEE "ORLWOOLA" STAMPED ON EVERY YARD

OF ALL DRAPERS

Manufrs - LEIGH MILLS Co LTD COVENTRY & BRADFORD.

Try also "ORLWOOLA" hosiery UNDERWEAR along with the flannel.

Ask your Draper to show you

"THE RĒCO" Regd.

Detachable

SKIRT FLOUNCES

Made in 20 different shades, the Prices ranging from 1/6 to 20/-.

Combines Smartness and Economy.

To use several Flounces with one Skirt is much cheaper than buying a new Skirt when the Flounce is shabby. It is also a great advantage to be able to change the Flounce to suit the colour and kind of dress worn.

THOS. WALLIS & CO., Ltd., Holborn, LONDON.

At all Drapers throughout the United Kingdom.

YOUR

SOILED BLOUSE

Cleaned for 1/3

WE RETURN IT TO YOU DRY CLEANED, LOOKING LIKE NEW.

Dresses Dry Cleaned for 4/-.

Send for Price List of other Articles at equally Low Prices.

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